

CULT

MTL

*Student
Survival
Guide*

FREE

100th ISSUE

SEPTEMBER 2021 • Vol. 10 No. 1 • CULTMTL.COM

2021 Montreal cheat sheet + Backxwash, POP Montreal, Elle Barbara, Quebec City

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September 1-14

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CULT MOVIES BACK IN THEATRES!

MULHOLLAND DRIVE

David Lynch (2001)



POSSESSION

Andrzej Żuławski (1981)



ATANARJUAT: THE FAST RUNNER

Zacharias Kunuk (2001)



THE AMUSEMENT PARK

George A. Romero (1975)



HIRUKO THE GOBLIN

Shin'ya Tsukamoto (1991)



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letter from the editor

Hey students,

Welcome back, and welcome to *Cult MTL*'s 10th annual Student Survival Guide.

Life is not quite back to normal thanks to the fourth wave, but after last year's social distance, at least students are returning to class and some semblance of campus life. The city isn't buzzing like it used to, but there's hope on the horizon. Even as temperatures dip, Montreal is offering enough activity and entertainment, in-person and online, to get you through the year. Balancing your studies with a safe and rewarding social life is doable, and affordable.

Let us steer you. Because that's what we do.

Along with offering a pile of practical information to help you navigate the city and make the best use of its many services in this second year of COVID, this guide features pointers on Montreal food, nightlife, shopping and art, along with loads of other leisure activities, from cycling to spas.

All this is in keeping with the content in our magazine and on our website. Our site is teeming with news about what's happening in the city. And our Best of MTL readers poll results reflect everything our audience loves about this town.

Cult MTL is Montreal's only online source of comprehensive cultural coverage. We write about the city's festivals, music news, films, the restaurant scene, politics, sports and more.

So read this guide, keep it handy, look for our monthly magazines, find us online at cultmtl.com and follow us on Instagram, Facebook and Twitter. And as you make your way through this semester, and semesters to come, know that we're here for you. Stay safe, work hard, have fun — and please vote in the federal election on Sept. 20. Your voice needs to be heard. Register to vote or check your registration status at elections.ca.

Lorraine Carpenter
Editor in chief,
Cult MTL

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Backxwash is performing at the POP Montreal music festival this month. To mark our 10th annual edition of the Student Survival Guide, we asked her what she needs to survive.

Photo by Chachi Revah

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Cult MTL is a daily arts, film, music, food and city life site. Visit us at

cultmtl.com

Cult MTL is published by Cult MTL Media Inc. and printed by Imprimerie Mirabel. Entire contents are © Cult MTL Media Inc.



**Don't wait until
it hits you.**

Get vaccinated.

**A vaccination passport
is now required to enter
certain public spaces.**

Quebec.ca/COVIDvaccine

Votre
gouvernement

Québec

city

Capital idea



BY LORRAINE CARPENTER

Venturing up to Quebec City will surely cure you of pandemic solitude blues.

The provincial capital has had some of the highest hotel occupancy rates in Canada this summer, and our trip there during the sweltering third weekend in August felt like full immersion into pre-COVID-level tourism. Public health measures are being fully observed in public establishments (and will be more restrictive now that VaxiCode is here), but the streets are jammed with tourists from all over, judging from the languages and accents ringing out from the crowds.

The majestic Fairmont Chateau Frontenac is, of course, the ultimate place to stay. It's the most photographed hotel in the world, due in part to the fact that it towers over the town and dominates the cityscape from so many angles, but also because it's such an impressive structure. It's not too shabby on the inside either, offering deluxe suites as well as refined and comfortable standard rooms, a pool with a sauna and two hot tubs (all were surprisingly open), three restaurants and the small but stately 1608 bar.

As with so much in Quebec City, history is on full display in the hotel, its lower level walls lined with photos of historical milestones like the planning of the Battle of Normandy during World War II and cultural events like the filming of the

little-known Alfred Hitchcock film *I Confess* in 1952, a visit by Monaco's Princess Grace in 1969 and a performance by Celine Dion in the ballroom that led to her first major label signing (hence the Alfred Hitchcock, Grace Kelly and Celine Dion suites). The Champlain restaurant offers fine dining, Place Dufferin serves deluxe breakfast and the Sam bistro covers the culinary bases in-between, offering a large menu and longer hours. Room service draws from the menus of all of the above.

Inside the hotel and around town, from fine establishments like the trio of la Taniere restaurants to the wealth of pubs and cocktail bars, reservations are a must — not just because of public health and contact tracing, but due to the glut of tourists looking for a bite and a beverage.

The low-town part of Vieux-Québec is obviously the absolute must-see for visitors. The Quartier Petit Champlain — which is like a pedestrianized Old Montreal with 10 times as many tourist shops and 100 times more cotton candy — is accessible from on high at the Chateau Frontenac by funicular. (While it's tempting to make comparisons to Wes Anderson's Grand Budapest Hotel, Quebec City's hotel to low-town transport looks more like an elevator than a candy-coloured gondola.)

For the Delta-conscious looking to avoid the crowds in Petit Champlain, on St-Jean Street in the upper town or in the political protests outside the National Assembly,

there are some relatively quiet neighbourhoods and stark landscapes worth exploring, depending on your taste in shopping and appetite for steep walks. For lovers of military history and green space, the Citadelle offers some immersion into the walled city's roots as a fortress, with a small indoor museum and sprawling outdoor walkways featuring armed guards, vintage cannons and a man in traditional dress with a golden-horned goat on a leash. The Citadelle is accessible via a slight incline from the Terrasse Dufferin by the Chateau Frontenac (near a massive old toboggan tunnel that's a big attraction in the winter), or an unending stair-climb on an elevated walkway through the trees.

Further off the beaten path (the Citadelle is a tourist attraction, after all): The neighbourhood of Saint-Roch is dotted with cool restaurants, bars and shops, like the epic toy store Benjo and vinyl record specialists le Knock-Out; The small-town charm of 3rd Avenue in Limoilou, where a farmer's market takes over part of the street on weekends, is broken up a bit by the chill alt/dive-bar vibe of le Bal du Léopard; and the Cartier Avenue restaurants and shopping that links the areas of Montcalm and Saint-Jean-Baptiste.

Only two to three hours away by car, bus or Via train, Quebec City is a perfect destination anytime, particularly when international travel is pretty much a no-go. So close, so familiar, and yet "so European."

A photograph of Martha Wainwright sitting on a wooden chair in a room with a large window. She is wearing a white dress and looking back over her shoulder. The room has a patterned carpet and white walls.

MARTHA WAINWRIGHT

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food

Daring diversity



BY CLAY SANDHU

The name la Canting is a play on words, cleverly riffing on *cān tīng*, the Mandarin term for restaurant, and *cantine*, which is French for a casual lunch counter or cafeteria.

I'm not usually one for a pun in a name but in this context, it's really very fitting. The restaurant, designed by Sabrina Barazin on the ground floor of the massive Nordelec building in Pointe St-Charles, is owned and operated by chef Helena Han Lin (of Bouillon Bilk and Elena) and front of house manager Benjamin Serapis (Cadet).

Lin was born in Taiwan, raised in Shanghai and for the most part trained here in Montreal. She, like the food served in her restaurant, is a cultural amalgam — finessed yet undefined. Officially, the food at la Canting is billed as freely flowing between Chinese and Taiwanese. In reality, her food is more complicated than that. It's both Chinese and Taiwanese (there are unmistakable classics from both countries on her menu) but at the same time it's neither.

Eating her food, I'm reminded of chefs like Anita Feng and the Ku brothers of Dobe & Andy, chefs who are inextricably linked to the cooking traditions of their ancestry yet

not beholden to them. Lin's professional background was shaped by one of Montreal's most elaborate and refined menus at Bouillon Bilk and also by one of Montreal's best contemporary Roman restaurants in Elena. In her own menu, one bears witness to the epicentre at which all these forces collide. More often than not, when all these conflicting influences meet, it's a recipe for disaster. Lin, however, manages to make it work.

That's the real beauty of La Canting, it's a restaurant undeterred by convention that treads the throughline of its many influences with a surprising amount of skill and competence. Take for example the cucumber salad — a dish that features as prominently in Sichuan cuisine as it does in Korean cuisine or Greek cuisine, for that matter. Lin's version is characteristically refreshing and could easily appear on nearly any menu in town, it's delicious but doesn't scream of any one place or tradition. The mushrooms with fried whelks is an attractive mound on the plate abundant with textures and garnish, the Bouillon Bilk influence is unmistakable. Take one bite and your mouth fills with the subtle fragrance of white pepper — if I close my eyes, I'm eating salt and pepper squid in Chinatown. The next dish, which arrives in a ceramic bowl, is Lu Rou Fan, a braised pork sauce (sometimes called Taiwanese Bolognese) served over rice with steamed greens and boiled egg. It's the epitome of Taiwanese home cooking.

Within the span of three dishes, the breadth of Lin's

influences are on display and despite the diversity of regionality, approach and technique, the meal is completely cohesive. Dishes are elaborate when necessary, like the mushrooms and whelks, and are left simple and uncomplicated when intervention would be a disservice. It's a style of cooking that requires a chef to be innovative and restrained and to respect traditions while embracing experimentation.

I've had a similar experience once at a restaurant called Xiang Se that happens to be in Taipei. Xiang Se, like la Canting, is a restaurant with cultural fluidity, moving seamlessly between Taiwanese food to French and Italian fare in a way that is precise and never confused. It's the only place in which I've had shaoxing poached chicken, tagliatelle and the best cannellé in the same meal. It takes a lot of guts to make a menu like that and it takes even more skill to pull it off. Lin's menu may not be quite as wild, but conceptually I'd say that she's cut from the same cloth.

While I won't say that la Canting is one of the city's best restaurants (it's not), I will happily confirm that it is a very good place to eat. Lin might be one of the rare young cooks who not only dares to create a diverse menu, she actually has the skill to pull it off. It's by the hands of those kinds of cooks that great restaurants are born.

→ 1720 St-Patrick
restaurantcanting.com



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POP with purpose

BY LORRAINE CARPENTER

POP Montreal is entering its third decade with signature style and a sense of purpose.

Last year the festival got lucky, observing all public health restrictions but still providing a sense of continuity and normalcy for the local music scene in the midst of COVID. Within a week, the second lockdown was announced. This year, COVID continues to put a bit of a damper on the usual party vibe that POP prides itself on, but the festival is mounting an impressive lineup regardless, a preview of what promises to be a rager of a 21st anniversary edition next year.

Among the exciting mostly-local acts performing from Sept. 22–26 are grandiose rock bands Besnard Lakes and the Dears (the latter with a secret-location acoustic set), fierce rappers Backxwash and Cakes da Killa, heavy experimental acts SUUNS and Population II, singer-songwriters Safia Nolin, Dorothea Paas, Hanorah, Eve Parker Finley, Thanya Iyer and Fred Fortin, soul singers Chiild and Clerel, alt R&B art Janette King, country/folk faves Li'l Andy, Katie Moore, Sin and Swoon and El Coyote, pop chanteuses Marie-Pierre Arthur and Maryze, dream pop artist Vanille, Atikamekw singer Laura Niquay and electronic acts Wake Island and Dishwasher. POP will also host the debut performance by ALL HANDS / MAKE LIGHT, a new “supergroup” featuring Godspeed You! Black Emperor’s Efrim Menuck and Ariel Engle (la Force.)

As always, there’s Film POP, POP Symposium, Pucés POP, Art POP and Kids POP programming to look forward to, along with a parade in Mile End. The hybrid edition of the festival will feature in-person and virtual events, with the Rialto complex, Entrepot77 and Parc St-Viateur serving as event venues. A “health pass” (ie. vaccine passport, ie. the VaxiCode app) will be required for in-person shows as per provincial regulations now in effect. And though there are no passes for sale this year, tickets are very reasonably priced — and moving quickly.

→ For more, visit popmontreal.com.



Suuns

Will Lew



Backxwash

Chachi Revah

Backxwash: Things I need to survive

In honour of the Student Survival Guide, Cult MTL asked Montreal musician Backxwash — who’s playing POP Montreal on Sept. 26 — to list five things that are key to her personal survival.

Music

Music is just something that is extremely important in my life. It plays a central role in myself as a person. It influences my emotions and allows me to express myself the way that I want. I am lucky enough to have that relationship with it.

Mechant Vaporwave

They are my partner in crime and I am happy to be able to share these experiences with them. They have helped me grow from a personal and just artistic perspective.

Mentok

Mentok is my cat and she is the greatest cat in the whole wide world.

Laptop or computer

This holds a lot of valuable information for me. A lot of my ideas live in this dumb rock that I carry around and I would be bummed if it was lost.

Affordable health (socialism in general)

As a trans person and just a person existing in the current climate, this is one of the most important things. Actually, from a pure socialism perspective, more things need to be affordable in order for us as humans to be able to live. Capitalism is doing a lot of damage to the general wellbeing of humans. We need people to be able to gain access to facilities from an equal playing field. Jeff Bezos became richer over the pandemic, and that is ridiculous.

THE INFINITE

"THE ULTIMATE IMMERSIVE EXPERIENCE THAT
BRINGS VISITORS AS CLOSE AS MOST MERE
MORTALS WILL EVER GET TO OUTER SPACE."
THE GAZETTE

"IT IS SO REALISTIC.
I FELT LIKE I WAS ELBOW-TO-ELBOW
WITH DAVID ST-JACQUES."
IHEARTRADIO

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student survival guide 2021-2022

START

eating groceries

MARKETS

More and more temporary markets pop up around the city in the summertime. Below are Montreal's year-round markets, where local farmers and gourmet vendors peddle their wares alongside restaurants both seasonal and permanent.

Marché Jean Talon
7070 Henri-Julien

Marché Atwater
138 Atwater

Marché Maisonneuve
4445 Ontario E.

Marché Saint-Jacques
2035 Amherst

COMMUNITY-SUPPORTED AGRICULTURE

Community-supported agriculture programs give you the chance to buy food straight from a local farm. Family Farmers Network (fermierdefamille.org) offers an online resource for finding the basket drop closest to you. Don't wait long to sign up, as some of these listings are strictly seasonal. There are more and more farms serving Montrealers — here are seven:

Fergus
fergus.bio

Les Jardins d'Ambroisie
lesjardinsdambroisie.com

Les Jardins du Petit Tremble
lesjardinsdupetittrouble.net

Lufa Farms
loufa.com

Potager André Samson
3samson.com

Morgan Farm
fermemorgan.com

Terrabella Montreal
terrabellamtl.ca

HEALTH FOOD + ORGANIC

À Votre Santé
5126 Sherbrooke W.
Well-stocked organic grocer.

Bio-Terre
201 St-Viateur W.
Large health food selection, plus a weekly produce basket program.

Branche d'Olivier
Various locations including 3437 Notre-Dame W., 1376 Mont-Royal E., 4342 Wellington
Large selections of spices, organic by-weight selections of flours and grains, cosmetics and more.

Frenco
3985 St-Laurent
Bulk grocer that also sells vitamins, herbs and spices and some organic foods.

Fleur Sauvage
5561 Monkland
Organic and animal-friendly cosmetics, supplements and other herbal solutions.

Le Frigo Vert
1440 Mackay
Cheap, non-profit, Concordia CSA co-op, 20% discount for Concordia students. Open Monday through Thursday 12–7 p.m.

P.A. Nature
5029 Parc
A well-stocked, almost all-organic sister store to the P.A. Supermarché up the street.

Pousse l'ananas
6346 St-Hubert
Organic produce, health food, local meats and lactose-free cheese, as well as a contract-free organic basket program.

Rachelle-Béry
Various locations including 505 Rachel E., 2346 Beaubien E., 4810 St-Laurent
Organic produce and packaged foods, cosmetics and vitamins.

international ingredients

VILLERAY

Anatol Spices
6822 St-Laurent

Fruiterie Milano
6862 St-Laurent

Epices de Cru
7070 Henri-Julien

La Dépense / Olives & Épices
7070 Henri-Julien

Marché Hung Phat
7099 St-Denis

Marché Oriental St-Denis
7101 St-Denis

Marché Thai Hour
7130 St-Denis

Tortilleria Maya
7016 Casgrain

PLATEAU/MILE END

La Vieille Europe
3855 St-Laurent

Marché Sabor Latino
4387 St-Laurent

Segal's Market
4001 St-Laurent

NDG & WESTMOUNT

Marché Akhavan
6170 Sherbrooke W.

Marché Oriental Jang Teu
2116 Decarie

Miyamoto
382 Victoria

Montreal Korean & Japanese Foods
6151 Sherbrooke W.

DOWNTOWN

Downtown proper can be a bit of a cheap-grocery desert, but the streets around Concordia's downtown campus pack in several Asian and Middle Eastern grocers. Here are solid options:

Bonjour Supermarché
2070 de Maisonneuve W.

Épicerie Coréenne et Japonaise
1829 Ste-Catherine W.

Marché Adonis
2173 Ste-Catherine W.

Sheng Tang Supermarket
1425 Fort

Supermarché Noor
1905 Ste-Catherine W.

LATE-NIGHT

Intermarché
1670 Mont-Royal E. (open 24 hours)

La Main
3701 St-Laurent (open till 11 p.m.)

Metro
5150 Côte-des-Neiges (open 24 hours)

Provigo
3421 Parc, 50 Mont-Royal W., (both open until 11 p.m.)

Supermarché PA
5242 Parc, 1420 Fort (both open until 11 p.m.)

restaurants

There's no shortage of food options in this city. Here's a list of some perennial favourites and local legends, more than a few of which have earned a place in our annual Best of MTL readers poll — see the complete Best of MTL results (along with restaurant reviews and food-scene news) at cultmtl.com.

And PLEASE don't forget to tip, and tip reasonably (15% on the subtotal is considered the bare minimum). Waiters, waitresses and bartenders are taxed on tips, and rely on them for their income. Don't fuck around.

BRUNCH

Bagels Etc.
4320 St-Laurent
Leonard Cohen's favourite breakfast spot. This Plateau institution has been slinging eggs in a myriad of ways since the 1940's.

La Bête à Pain
114 Fleury W., 195 Young
These brunch pros sport locations in Ahuntsic and Griffintown, and have another on the way. They serve multiple courses of all the fan favourites, and then some.

Arthurs Nosh Bar
4621 Notre-Dame W.
A contemporary take on the classic Jewish deli. Everything from the tuna scoop to matzah ball soup is delicious, but the pancakes are what pay the bills.

Café Regine
1840 Beaubien E.
One of the most popular and sumptuous spots for brunch in town, served daily.

Larrys
9 Fairmount E.
Breakfast for the Instagram hypebeast. Larrys serves breakfast all day and has been on every best restaurant list from *The New York Times* to *Bon Appétit*. Get the breakfast sandwich.

Réservoir
9 Duluth E.
Grab a beer with your brunch full of unconventional dishes at more than reasonable prices at this microbrewery.

DELI + SANDWICHES

Boucherie Hongroise
3843 St-Laurent

Hit up their deli counter for immensely stacked (and cheap!) hot sandwiches of deli cuts.

Boucherie Provisions
1142 Van Horne
The cuts of meat and selections of sandwiches at this butchery extension of Provisions 1264's finer dining are on the cutting edge. Pun definitely intended.

Centrale Bergham
Various locations including
2110 Guy, 3467 St-Laurent, 8093 St-Hubert
Halal fast food renowned for their array of sandwiches and special sauces. The Guy Street location exclusively offers the Cult MTL Club.

Schwartz's
3895 St-Laurent
Probably the world's most famous smoked meat joint and a tourist destination in its own right. Perennial line-ups, surly staff and cramped seating are considered part of its charm.

Clarke Café
2483 Centre
The reincarnation of the classic Mile End deli serves some of the city's best Italian sandwiches out of their Pointe Ste-Charles sandwich counter.

Snowdon Deli
5265 Decarie
An old-school deli on the NDG/Côte-des-Neiges border with all the hot and cold Jewish culinary staples and generous breakfasts.

Wilensky's Light Lunch
34 Fairmount W.
A Mile End institution that feels like time travel to the '50s. Check out their famous special baloney sandwich and order yourself a drink from their old-school soda fountain.

BURGERS

Nouveau Palais
281 Bernard W. A Mile End stalwart known for its "grandma's basement" aesthetic and comfort-classic menu. Over the years, their cheeseburger has helped nurse the powerfully hungover back to health.

Chez Tousignant
6956 Drolet
Classic-style neighbourhood diner with delicious burgers, hot dogs and poutines plus a retro-rock soundtrack.

Mr. Steer
1198 Ste-Catherine W.
The "Steerburger" has been one of Montreal's most celebrated burgers since 1958, and over half a century later it's still one of the city's best.

Uniburger
5655 Côte-des-Neiges, 2001 St-Denis, 4412 Notre-Dame W.
Montreal's answer to In-N-Out, this cult-classic does upscale fast-food-style burgers and is yet another contender for the best burger in Montreal.

POUTINES

La Banquise
994 Rachel E.
The city's best-known poutine joint, offering loads of variations on Quebec's national dish. Open 24 hours and a victim of its own popularity — beware line-ups.

Chez Claudette
351 Laurier E.
All-day breakfast, lively atmosphere and one of the best poutines in town, with myriad variations. Open 24 hours Thursday through Saturday.

Paulo & Suzanne
5501 Gouin W.
A neighbourhood hotspot in Ahuntsic known for its oversized poutines and gargantuan burgers. Open 24 hours, 7-days a week.

Gibeau Orange Julep
7700 Decarie
The giant orange orb visible from the highway isn't just known for its mysterious creamy namesake beverage — they make a mean poutine, too.

Paul Patates
760 Charlevoix
A Pointe-St-Charles diner that's making its own spruce beer and slinging some of the better poutines in town. Hours vary, closed on Sundays.

OPEN LATE

See poutines and Chinese for more options.

AA
3700 Notre-Dame W.
Not far from Greenspot, this St-Henri institution dates back more than 50 years, and is known as one the best late-night casse-croûtes in town. Open 8 a.m.–5 a.m. daily.

Bocadillo
3677 St-Laurent
Specialists in Venezuelan arepa sandwiches, with fillings ranging from pulled pork to shredded beef to cheese and avocado. Open till 4 a.m. on Fridays and Saturdays.

Chez la Mère
4028 Masson
An all-encompassing casse-croûte (that delivers) in the East End, open 24 hours.

The Main
3864 St-Laurent
Deli and diner food, famous for smoked meat sandwiches and Eastern European fare. Open 10 a.m.–5 a.m. daily.

Majestique
4105 St-Laurent
A Plateau oyster bar that's open till 3 a.m. Their 12-inch hot dogs and matane shrimp rolls are more than on point.

Le Roi du Smoked Meat
6705 St-Hubert
A 1950s-style diner on the Plaza St-Hubert strip, open Monday to Wednesday 10 a.m.–2:30 a.m., and Thursday to Sunday 10 a.m.–5 a.m.

STUDY-FRIENDLY CAFÉS

Here are some of our favourite workplaces around town. Remember that the price of occupying these cafés for hours and hours is your business — please buy more than just one coffee, and don't hog tables unnecessarily. If you're looking for free study spots, try the libraries, but cafés have the bonus of social potential.

Tommy Café
Various locations including 151 St-Paul W.
With locations all over the city, Tommy is a decent spot whenever you need a caffeine kick. That said, the multi-level, sun-soaked and plant-adorned location in Old Montreal is a classic study spot.

Café Myriade
Multiple locations including 4627 St-Denis, 374 Victoria, 28 Mont-Royal W. These third wave innovators have grown into a small chain known for great coffee and locally sourced snacks.

Café Néné
151 Rachel E.
A friendly, crowded hipster café in the Plateau.

Café Oui Mais Non
72 Jarry E.
Popular and quirky neighbourhood spot with beer, hearty snacks and a built-in stationery boutique.

Café Pista
500 Beaubien E.
Crisp, clean and sunny corner café with pastries and a chill vibe.

Café Saint-Henri
Several locations including 3632 Notre-Dame W. and 4159 Wellington
A third-wave café chain with branches in St-Henri, Verdun, Quartier Latin and Jean-Talon Market.

Crew Collective & Café
360 St-Jacques
This gorgeous café is built into the main hall of Old Montreal's landmark 1920s-era Royal Bank Tower. A well-rounded menu,

great coffee and the option of rentable creative space for the financially ambitious.

Humble Lion

904 Sherbrooke W.
Go-to café just across from McGill gates with excellent coffee and pastries and lively atmosphere.

MELK Café

1206 Stanley, 5612 Monkland
Fairtrade coffee roaster and café with locations near Concordia and in Monkland Village.

Pikolo Espresso Bar

3418B Parc Single origin coffee, baked goods and pastries from Hof Kelsten and Godley & Creme.

Résonance

5175 Parc
A Mile End café with vegan and gluten-free grub and live performances every night.

SWEETS + DESSERTS

Bilboquet

1311 Bernard, 4864 Sherbrooke W., 1600 Laurier E.
Famous Montreal ice cream, available in-store and at many grocers.

Ca Lem

6926 Sherbrooke W.
Ca Lem is to NDG as Kem CoBa is to Mile End. Offering head-turning flavours such as black sesame with coconut ash, taro yam and basil-strawberry sorbet for those looking for something with less lactose.

Churros Montreal

7497 St-Hubert
The original churro bakery in Montreal.

D Liche Cupcakes

3964 St-Denis
Possibly the perfect cupcakes, and gorgeous to boot.

Dalla Rose

4609 Notre-Dame W.
A small service counter-based ice cream shop selling a variety of intriguing flavours like sunflower seed, and ice cream sandwiches made with cookies, not that imitation graham stuff.

Havre aux Glaces

7070 Henri-Julien
Sorbets and ice creams in Jean-Talon Market.

Kem CoBa

60 Fairmount W.
Excellent and unusual sorbet and ice cream flavours, like salty butter and peanut butter and honey. Expect line-ups.

Léché Desserts

640 de Courcelle
Incredible donuts in St-Henri.

Pandan Creamery

3833 St-Jacques
Expand your frozen treat horizons with Thai-rolled ice cream with flavours like *caramel beurre salé au lait de chèvre avec gateau vanillé* and key lime leaf & lemon curd with graham crumbs.

Pasticceria Alati-Caserta

277 Dante
Beloved Little-Italy bakery known for traditional and inventive Italian pastries and cakes. Home to the city’s best cannoli.

Sophie Sucrée

167 des Pins E.
Vegan sweet shop with cakes, cupcakes, cookies, brownies and more for your sweet tooth.

Swirl

230 Rachel E.
A non-dairy ice cream to rival any of the best creameries anywhere. The signature swirl cone is served with their silky coconut milk-based coco-vanilla soft-serve intertwined with seasonal fresh fruit sorbet. You may never go back to dairy-based ice cream after this.

VEGETARIAN

Aux Vivres

4631 St-Laurent, 4896 Sherbrooke W..

The city’s go-to vegan joint, with an extensive menu of burgers, sandwiches and Asian-inspired meals, in Westmount as well as the Plateau.

Bowhead Pub

3723 St Laurent
Montreal’s first-ever plant-based pub. The menu features an eclectic mix of pub grub classics leaning heavily on impossible burgers.

Chu-Chai

4088 St-Denis
A 100% vegetarian Thai restaurant with many vegan options. Famous for its mock meats.

Foodchain

1212 McGill College
Treating vegetables to a fast-food concept, this spot is the result of many brilliant culinary Montreal minds and perfect for students on the go.

La Panthère Verte

160 St-Viateur W. #101, 2153 Mackay, 145 Mont-Royal E., 1735 St-Denis, 3515 Lacombe, 5265 Queen Mary
This chain offers an oasis of vegan, organic goodness with specialty teas and juices.

Lola Rosa

545 Milton, 4581 Parc
Healthy, tasty veg food in the McGill Ghetto and Mile End.

LOV

464 McGill
For modestly priced vegan and vegetarian eats in an almost painfully Instagram-able interior, this is the place to be.

Resto Vego

1720 St-Denis
Pay-by-the-gram buffet catering to vegetarians and vegans alike with plenty of gluten-free options.

Sushi Momo

3609 St-Denis
Inventive flavours and textures combine for impressive and completely vegan sushi rolls. A fan favourite regardless of diet.

BRITISH STYLE PUB GRUB

Brit & Chips

1390 de Maisonneuve W., 433 McGill, 5536 Côte-des-Neiges
A variety of fish (officially Certified Sustainable Seafood) in unique and tasty batters including maple syrup and Guinness.

Burgundy Lion

2496 Notre Dame W.
A modern twist on the traditional English pub, with superior British-style pub grub, football (soccer) screenings, darts and pub quiz nights.

Pub Bishop & Bagg

52 St-Viateur W.
Located in the heart of Mile End, this is a pub that is true to its name. Come for great beers, a cozy pub atmosphere and fine English fare.

CARIBBEAN

Bonne Bouffe Créole

3715 Ste-Catherine E.
Haïtian hangout in Hochelaga serving up griot combos, fried fish and stewed goat.

Boom J's

2026 Wellington
A no-frills Jamaican restaurant serving some of the most famed jerk chicken, plantains, wraps and beef patties in the city.

Boulangerie Spicee

6889A Victoria
Looking for a classic Trinidadian double? Spicee is the place.

Jardin du Cari

5554 St-Laurent
Great roti spot. Ask for the pumpkin filling and don’t forget the citrus hot sauce.

Kamúy

1485 Jeanne-Mance
Upscale pan-Caribbean fare from famed Agrikol chef Paul Toussaint.

Kwizinn

4030 Wellington
Refined Haïtian cuisine courtesy of chef Michael Lafaille. Head to the Verdun location for tasting menus and a more formal dining experience or stop by Kwizinn Express on St-Hubert to get your griot fix.

Lloydie's

66 St-Viateur W., 4601 Notre-Dame W.
Once known for the Jamaican patties they’ve been producing since 1987, Llyodie’s has opened a Mile End restaurant that concentrates on good flavours in between four walls.

Mango Bay

1236 Mackay
Downtown Caribbean joint serving up some pretty great old-school jerk.

Seasoned Dreams

5509 Laurendeau
When southwestern style meets Caribbean: From jerk salad to jerk chicken and pork to oxtail, to mac ‘n’ cheese and salt baked fish.

CHINESE

Dobe & Andy

1071 St-Urbain R-12
Hong Kong-style diner serving incredible Chinese BBQ plus a variety of Dai Pain Dong and Cha Chaan Teng classics. The three meats combo is always a good way to go but if you happen to head there on a Thursday, get the Beef Ho Fun. Pro tip: ask for extra ginger and scallion sauce.

Kam Fung

1111 St-Urbain & Beijing 92 de la Gauchetière W.
These two institutions are within a stone’s throw of each other in Chinatown. Both are great for large group meals. The former serves superb dim sum, and the latter’s open till 1:30 a.m. every night.

Kam Shing

4771 Van Horne, 6730 Côte-des-Neiges (Plaza Côte-des-Neiges)
Quality standard Chinese with two locations in Côte-des-Neiges.

Kanbai

1813 Ste-Catherine W., 1110 Clark
Insanely spicy and tasty (and not too pricey) Northern Chinese food, with locations downtown and in Chinatown.

La Maison VIP

1077 Clark
Another late-night Chinese mainstay of Chinatown, open all week till 4 a.m. (12 a.m. on Sundays). This one deserves special mention for their \$5 lunch special plates.

Nudo

1055 St-Laurent
Hand-pulled noodles are the real drawcard here. The ramen isn’t bad, but the Chinese noodle soup is the better option.

Qing Hua

1676 Lincoln
Perhaps the best dumpling place in town, in-house or frozen to take home for later.

EASTERN EUROPEAN

Boulangerie Wawel

2543 Ontario E., 5499 Sherbrooke W., 7070 Henri-Julien
Polish baked goods, charcuterie and takeaways like frozen pierogies.

Baba Yaga

3279 St-Jacques
A Polish stand-by from the minds behind the beloved Old Montreal restaurant L’Original. Known for heaping plates of pierogi, schnitzel, and latkes.

Euro Deli Batory

115 St-Viateur W.
Mile End go-to for starchy Polski eats, smoked sausage, bags of pierogies, and excellent borscht.

Nevski

1228 Stanley
A Russian-inspired snack bar downtown serving up Georgian Khachapuri (aka “cheeseboats”), Pelmeni (Russian dumplings) and borscht.



Ces tapis
qui nous
façonnent

The design
of carpets that
design us

16.09.2021 –
20.02.2022

CCA

Assaf Evron, intérieur de l'hôtel Hyatt Regency O'Hare / Interior
of Hyatt Regency O'Hare hotel, Chicago IL, 2019 © Assaf Evron

cca.qc.ca

GREEK

Milos
5357 Parc
Swanky Greek cuisine with killer calamari and a reduced prix fixe menu after 10 p.m.

Mythos
5318 Parc
A Montreal classic where you'll be well taken care of.

Marven's
880 Ball
A family favourite institution in Parc Ex, known for giant portions of grilled meats, piles of crispy fried calamari and a shamefully good cheesecake.

Tripolis
679 St-Roch
A Parc Ex staple that's open till 2 a.m. during the week and 5 a.m. on weekends. Great for all the classic greek staples but it's the food coming off the grill that keeps people coming back time and time again. Try the lamb chops or the chicken.

INDIAN

Bombay Mahal
1001 Jean-Talon W., 3681 St-Laurent, 101 Mont-Royal W.
For those who like it hot, in Montreal's "Little India" (Parc Extension), with a 12-seater/takeout outpost on the Main and a new location on Mont-Royal Avenue.

Étoile des Indes
1806 Ste-Catherine W., 5860 Sherbrooke W.
A downtown staple with a solid satellite in NDG.

Le Super Qualité
1211 Bélanger
Serving up a diverse range of dishes from across India, this nouveau spot is scrumptious as it is cool. Try the medicinal cocktail.

Dosa Pointe
895 Jean-Talon W.
Recipes from the seldom-seen but thoroughly delicious Indian South. As the name points out, Dosas (a type of Indian pancake) are the specialty, but the Keralan curries aren't to be missed.

Pushap Sweets
5195 Paré
Worth the trip up north on the orange line, this quaint spot has some of the cheapest thalis in town.

Thali
1409 St-Marc
Cheap Indian eats in the downtown core, with sectioned meat and veggie thalis and savoury wraps rolled in naan.

MIDDLE EASTERN

Byblos
1499 Laurier E.
Relaxed, airy Persian café with brunch, mezze (small, shareable dishes) and a weekly Iranian table d'hôte on Sundays.

Falafel Yoni
54 St-Viateur W.
Yoni's take on the infamous sandwich is based on the street food from his time spent in Israel. It's a damn-good pita so it's no wonder that Yoni is quickly becoming one of the busiest spots in Mile End.

Falafel St. Jacques
345 St-Jacques, 323 Chabanel W.
Regulars come to this cult classic sandwich shop in Ville St-Pierre for their authentic Israeli fried-to-order falafels.

Garage Beirut
1238 Mackay
This cosy and casual authentic Lebanese charcoal grill is a hidden gem in Concordia's backyard.

Kaza Maza
4629 Parc
Syrian restaurant with occasional live music, a casual vibe and high-quality Middle Eastern eats on the cheap.

Le Petit Alep
191 Jean-Talon E.
A casual, kind of incredible Syrian/Armenian joint near Jean-Talon market.

Nilufar
1923 Ste-Catherine W.
Unbelievably cheap and delicious super fresh falafel and soup near Concordia. Leave room for some baklava.

Sumac
3618 Notre-Dame W.
A casual and family-friendly slinger of Middle Eastern fare, serving up pita 'n' dips and delicious shawarmas and sabich.

ITALIAN

Amelia's
201 Milton
McGill Ghetto institution with big plates of pizza and pasta at budget-friendly prices.

Bottega
65 St-Zotique E.
Wood-fired pizza and Italian staples in Little Italy.

Elena
5090 Notre-Dame W.
The famous resto Nora Gray may be out of the price range for many students, but their new pizza joint isn't. It may be the newest spot for Neapolitan 'za, but it already feels like an institution.

Elio Pizzeria
351 Bellechasse
Old school Italian staple serving up thin-crust pizzas and creamy pastas.

Gema Pizzeria
6827 St-Dominique
Noted as one of the best pies in town, and their frozen custard excellently tops a meal there.

Magpie
16 Maguire
Trendy Mile End joint that's worth the hype and price. Split a pizza and splurge on oysters.

Pizzeria Adamo
4629 Notre-Dame W.
Hard-pressed to find a New York slice? This is your best bet. Whole pies are available, too.

JAPANESE

Biiru
1433 City Councillors
Fine Japanese food and drink in a sleek, date-friendly space.

Kazu
1862 Ste-Catherine W.
It's worth waiting in line (and you will have to wait) for this delicious, authentic izakaya food.

Otto Yakitori
1441 St-Mathieu
Late nights with grilled chicken, beers and a heavy selection of sake make this an essential Japanese restaurant to eat at. Check out their fancier spot Otto Bistro (143 Mont-Royal E.) if you're on a date.

Ramen Misoya
2065A Bishop
Authentic ramen in the Concordia Ghetto.

Tri Express
1650 Laurier E.
A Plateau classic serving bold, vibrant and exceptionally fresh sushi. Cash only.

Ramen 9000
4609 Notre-Dame W.
An incredibly good ramen joint that operates out of an ice cream shop. While it may not be open year-round, this miso-based ramen is just what you need to get you through the winter. Vegan options.

Noren
77 Rachel W.
A tiny 10-seat bistro from former Falco principles Élyse Garand and Hidenori Tsuda serving Tacoyaki, Okonomiyaki, Bento Boxes and seasonal daily specials.

More Downtown ramen:

Ichifuku (1925 Ste-Catherine W.)

Kinton Ramen (1211 Bishop)

Schlouppe Bistrot Nakamichi (2159 Mackay)

KOREAN

Chez Bong
1021 St-Laurent
Reliable Korean fare in Chinatown.

Omma
177 Bernard W., 51 Ontario W.
Trendy Korean with a date-night vibe in Mile End and a brand-new location in the Quartier des Spectacles.

Luna
917 Rachel E.
A slightly upscale bring-your-own-wine spot run by a couple who formerly operated a restaurant in Korea. Very authentic, very delicious, easy on the wallet.

Mon Ami
6290 Somerled, 2081 Ste-Catherine
Famous for having the best Korean fried chicken in town, their menu is packed with other equally delicious options to discover.

Comon
3969 LaSalle
Crazy crispy Korean fried chicken and other Korean staples (like Bibimbap and Kimchi Jigae). If you can handle the heat, go for the fried chicken in spicy sauce.

MEXICAN + SOUTH/CENTRAL AMERICAN

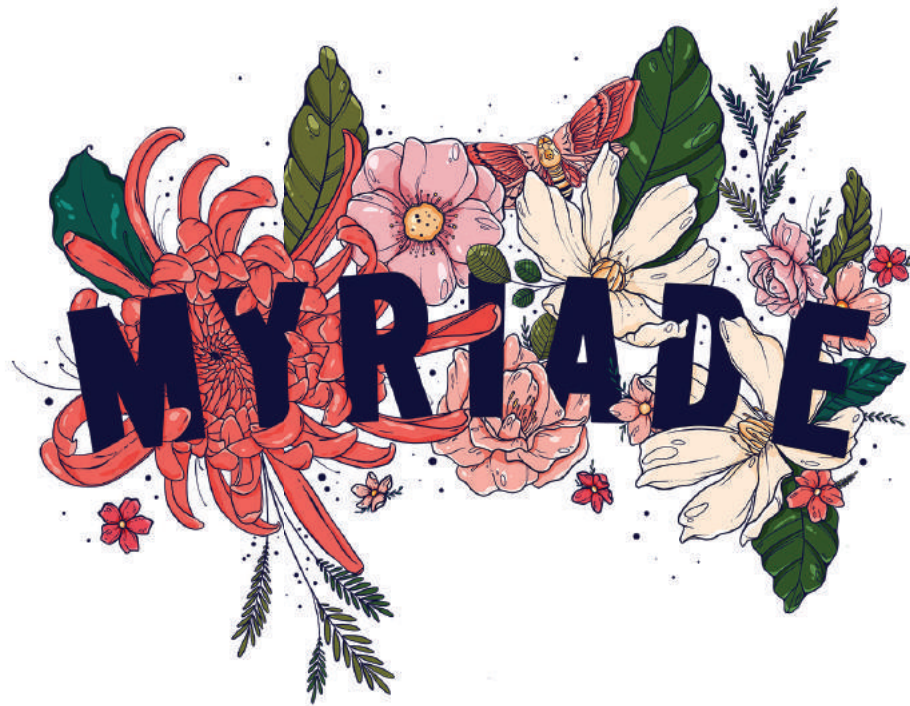
Barros Luco
5201 St-Urbain
Excellent and super-affordable Chilean fare like empanadas, sandwiches and coffee in Mile End.

El Rey del Taco
232 Jean-Talon E.
Tucked away inside the Jean-Talon Market, this taqueria does a bit of everything. Chilaquiles and Huevos Divorcados in the morning — hearty pozole, fresh tamales and generous tortas for lunch. But, as the name would suggest, most people come for the tacos. While you're there, make use of the dépanneur section where containers of infamously good guacamole, pico de gallo and other homemade salsas are sold.

La Capital
1096 St-Laurent
Street-style locale in Chinatown with all manner of tacos and tequilas to pick from.

La Chilenita
130 Roy E., 100 Marie-Anne
Delicious, affordable Chilean-Mexican fare, specializing in empanadas. Their steak sandwiches are tight.

El Amigo
51 St-Zotique E.
Incredibly cheap Salvadoran BYOB restaurant where a pupusa craving is easily fixed.



El Chalateco
520 Beaubien E.
Another purveyor of pupusas, the Salvadoran bready treats stuffed with goodness.

Pikeos
4293 Notre-Dame W.
While it claims to serve the Peruvian-Japanese Nikkei cuisine, this restaurant's just a tad more Peruvian than Japanese. Not a bad thing though, and definitely delicious.

Ta Chido
5611 Parc
Killer Mexican food in Mile End.

Tacos Frida
4350 Notre-Dame W.
What began as a hole in the wall is now a veritable Mexican diner, serving up cheap tacos and a delicious tortilla soup.

La Tamalera
226 Fairmount W.
Cheerful Mexican street food in Mile End with uncommon options like hibiscus flower tacos, refreshing homemade horchata and other tasty beverages plus a weekend brunch.

PORTUGUESE

Chez Doval
150 Marie-Anne E.
The OG Portuguese spot since 1974. Come for classic fare, and by that I mean anything that comes off the charcoal grill.

Ma Poule Mouillée
969 Rachel E.
Vying for Romados's title for best chicken and approaching Montréalais-Portuguese sainthood, this spot's become amazingly popular. The chicken and chorizo poutine is also excellent.

Restaurant Jano
3883 St-Laurent
Cheap date-night Portuguese. Start with the grilled calamari.

Rotisserie Portugalia
34 Rachel W.
Another alternative to Romados — which sadly closed this year — serving excellent Portuguese chicken.

THAI

Épicerie Pumpui
83 St-Zotique E.
Though there's a white boy on the wok, Jesse Mulder's Thai restaurant makes amazing food that follows tradition to a tee.

Pamika Brasserie
901 Sherbrooke E.
Though not cheap, this small Thai spot stands out for being a brasserie that offers Thai BBQ.

Mae Sri
224 Milton
A McGill Ghetto newcomer specializing in Thai street food with a focus on noodle soups.

Thai Sep
1900 R. Jean-Talon
This low-key no-frills Thai joint on Jean-Talon is a fan favourite among Thai food aficionados. Try the Beef Laab and the fermented pork and rice-based Isaan Sausages.

Thammada
1205 Bernard
Casual Northern Thai fare in Mile End. Chef Chita Phommavongxay's menu focuses on a mix of his wife's family recipes and authentic Thai street food.

VIETNAMESE

Hoang Oanh
1071 St-Laurent, 7178 St-Denis
Probably the best banh mis in the city, with a great curry tofu option for vegetarians.

Nguyen Phi
6260 Côte-des-Neiges
A bit out of the way, this Vietnamese landmark in CDN is worth the trip for what many consider to be Montreal's best pho.


Pho Tay Ho
6414 St-Denis
A top contender for Montreal's best pho and easily Nguyen Phi's top rival. The pho is great but don't sleep on the bún and the rare beef salad.

Pho Bang New York
1001 St-Laurent
Great Chinatown spot for quick, cheap and tasty bowls of Vietnamese goodness.


Le Red Tiger
1201 de Maisonneuve E.
Part cocktail bar, part Vietnamese restaurant, Red Tiger blends contemporary dining with street food classics. A very cool spot in the Village.

Restaurant Hoai Huang
5485 Victoria
Beloved Côte-des-Neiges restaurant that serves traditional and hard-to-find Vietnamese fare. While the pho is great, regulars come for the giant plates of DIY rice wraps and grilled meats over rice.


BACK TO SCHOOL SCHEDULE




Monday




Tuesday



Wednesday





Thursday




Friday

Cheers to 2021-2022 school year!



MCAUSLAN



MCAUSLAN.COM

Mount Royal is a sanctuary, not a volcano



BY TAYLOR C. NOAKES

Mount Royal isn't a volcano, but this story gets told a lot.

Usually it's a joking reply to someone complaining about incessant road work: "...well of course (insert name of street) is closed for repairs, what do you expect for a city built on the side of a dormant volcano?" It's a bad joke—not just in how I butchered the delivery by typing it all out, I've just never seen it land properly in public. Anyways, there's a train tunnel that cuts right under the mountain and it's been there for over a century and I took that train for years and never saw lava.

If you're inclined to go for a hike up Mount Royal, you're not alone. People have been going up "the mountain" for years. Apparently the Hochelagans brought Jacques Cartier to its summit when he toured Montreal in 1535. It's been a popular spot for locals ever since, though not particularly with tourists for some strange reason. It's more like our own private nature park, a place where you can almost forget you're in the middle of a massive city. Hike the Olmsted Trail that snakes its way up the side of the mountain's south face and you'll understand what I mean. If you're a more daring type, do the same well after dark in late October.

Mount Royal Park is Montreal's Central Park for two reasons: first, it's a centrally located park and second, it was designed by Frederick Law Olmsted, the same guy who designed that green space in Manhattan. I think we got the better final product, because our park didn't require destroying a successful Black neighbourhood to be built. In fact, rather than having to displace people, Mount Royal Park was motivated by the desire to prevent people from displacing nature. Cutting down trees for firewood fired up local ecological sensibilities in the 1860s and this intersected neatly with a growing desire among Montreal's mid-Victorian Era inhabitants to preserve a small section of the island's wilderness forevermore.

Mount Royal Park is a "come and do as you feel" kind of place. There aren't too many organized activities throughout the year and very little to

buy or wait in line for. The under-commercialization of this space drives some people — typically unimaginative local politicians — up the wall but I'm personally of the mind that it's not a bad thing to have one big space that's more or less free of overt commercialization and consumerism. You have to use your own imagination here and figure it out on your own. Throughout much of the park's history, this hasn't been too much of a problem.

A good example of this is the Tam-Tams, held every Sunday afternoon around the Georges-Etienne Cartier monument on the far eastern edge of the park (aka Parc Avenue). Despite this being a fairly regular occurrence since time immemorial (seriously, no one really knows when it started but everyone still insists marijuana doesn't negatively affect memory, but I digress), the Tam-Tams isn't an activity organized by the city or borough. You'll maybe see a few cops hanging around from time to time, but they're basically there just to keep an eye on things and little else. It's understood that this is a time and place to do pretty much whatever you like, and most Montrealers are keen to keep the energy positive.

The Tam-Tams is predominantly a massive drum circle, but it's grown and evolved over time to become something of a weekly counter-culture exhibition. In recent years, electronic dance music is played nearby for those looking to bust a digital move. Behind the drum circle, up into the woods, the local RenFaire/LARPing enthusiasts have engaged in a weekly battle royale for years now, with no discernible winner yet proclaimed. For the most part, the Tam-Tams is just a bunch of people enjoying what precious little good weather our city actually has, so go out and do your own thing. Just remember to take out whatever you bring in. Mount Royal Park — particularly Fletcher's Field, where the Tam-Tam's take place — doesn't have many garbage or recycling cans, and in the past few years, photos tend to circulate the following Monday of the incredible amount of garbage left behind.

So do what you can to not leave the mountain worse off than how you found it.

Mount Royal Park is one of those places that can paradoxically seem both over and under-used simultaneously. The Tam-Tams can be a good demonstration of this, as one part of the park will be

overloaded with people, while other parts will be completely devoid of human activity. It's a good place to go if you need a moment to get away from it all and relax, and don't be fooled if you see a lot of people. Chances are you can still find your own little sanctuary.

Explore the mountain at your own leisure. It'll take you a few trips before it starts to become really familiar. It's a great place to go for a date. In fact, Mount Royal Park was so popular amongst "unwed, unchaperoned" young people going out for walks at night back in the late-19th century that it was deemed a corrupting influence, and so most of the park benches were removed. About 70-some-odd years later, so the story goes, Mount Royal Park was so popular amongst the city's LGBTQ+ community (gay men in particular), the city cut out most of the underbrush as a deterrent against any illicit arboreal canoodling. So much of the bush was cut out that the mountain seemed to be losing its hair — some called it Mont Chauve (Bald Mountain).

Long story short, fucking on Mount Royal is a time-honoured tradition rooted in Montrealers' strong anti-establishment ethos. So knock yourselves out (metaphorically) and play safe (literally).

Two pieces of insider information to conclude:

First, an impressive optical illusion forms as you approach the main lookout (also known as the Kondiaronk Belvedere, or the place where the chalet is located). Most people approach the belvedere from the west, as this is where the parking lots are located, as well as the main segment of the trail leading from Beaver Lake. As you approach the chalet (which will come up on your left) you'll see the office towers of the city centre appear in the background. They'll appear to be very close. As you continue walking to the edge of the belvedere, and as the space opens up around you, the same buildings will no longer seem to be quite as close to the lookout. It almost looks like they moved away from you.

Second, there's a secondary trail that connects the Kondiaronk Belvedere to the eastern lookout that cuts along the edge of the mountain, and offers some of the most spectacular views of the city. I'd recommend only walking this trail during daylight, as navigating at night can be a little tricky. Walk to the easternmost edge of the Kondiaronk Belvedere and walk down towards the staircase. Go past the staircase, along the chainlink fence and at the end you'll find the trailhead. This trail gives you an impression of what Mount Royal might have looked and felt like back when the Hochelagans took Cartier to visit back in 1535. It's a rough trail, and there are multiple spots along the way where the brush has been cleared out, and you can look out over the city and enjoy unique vistas unlikely to be replicated on postcards. This trail will take you past the cross and then drop you off at the eastern lookout, which gives a great view of the city's East End and the Olympic Stadium.

Whatever you do at Mount Royal Park, enjoy yourself. Few cities have a mountain wilderness right in the middle of the city, and with real-estate speculators proposing new construction on the mountain's flanks, and condo towers that will exceed Mount Royal's height — not to mention politicians who want to privatize and commercialize it to make a quick buck — it's not clear how much longer this emerald crown will reign unimpeded above Montreal.

navigation

CITY

For those of you trying to understand the city without being dependant on Google maps (or when your phone dies), here are some pointers:

Looking at Montreal on a map and being on the island of Montreal are two very different things when you're trying to orient yourself. The city's grid system is a little skewed, so that the "north" is actually pretty far east, while the sun sets in what would be the north-west.

The main boulevards that run the width of the island are, in order from south to north: Notre-Dame, St-Jacques, St-Antoine, René-Lévesque, Ste-Catherine, de Maisonneuve, Sherbrooke, Jean-Talon and then, all the way in the north, Henri-Bourassa. Many of the streets between these thoroughfares don't stretch across the downtown core and will cause you to detour.

Because of Mount Royal Park, there aren't many streets that go from the edge of the Lachine Canal all the way up to the northern part of the city. The ones that do are to the east of the park: Parc, Clark, St-Urbain, St-Laurent, St-Dominique, St-Denis and Papineau are sure bets to guide you between north and south.

St-Laurent Blvd. (which old-timers call "the Main") slices the island into east and west, and many of the north-south streets in the downtown core and Plateau rise at the same rate — so, for example, civic numbers on parallel streets like St-Laurent and St-Denis both hit the 4000s at Duluth.

METRO AND BUSES

STM stm.info

The Société de transport de Montréal (STM) operates Montreal's subway system (we call it the metro) and on-island city buses. To use the STM, you can buy single tickets at metro stations or with exact change on buses, and you'll get a transfer out of the deal.

Remember that masks remain mandatory on all STM buses and metros at all times.

You can also buy a \$6 OPUS card, which is a refillable smart card, from any metro station and some dépanneurs (convenience stores) and pharmacies.

Effective July 1, 2021, standard full-fare rates are:
\$3.50 for a single ride (one trip)
\$6.50 for two trips
\$5.75 for an unlimited evening ticket (6 p.m.–5 a.m.)
\$14.50 for an unlimited weekend ticket (4 p.m. Friday to 5 a.m. Monday)
\$10 for a day pass (valid for 24 hours from the time it's first used)
\$10 for a trip on the 747 Airport shuttle to or from Montréal–Trudeau International Airport
\$20.50 for a three-day pass (valid for three consecutive days after first use)
\$30 for 10 trips (only available on an OPUS card)
\$28 for a weekly pass (only available on an OPUS card)
\$90.50 for a monthly pass (only available on an OPUS card)
\$212 for four months (available to reduced-fare users only, on an OPUS card)

All full-time students qualify for a hefty reduced-fare on transit passes. With the proper STM-approved photo ID, you can buy a monthly pass for \$54.

The reduced-fare photo ID card is available in person at the Berri metro station photo studio (1755 Berri), but they are currently operating by appointment only. Alternatively, most colleges and universities offer their students the possibility of ordering their STM reduced-fare photo ID online using their respective intranet portals, and certain educational institutions organize STM photo days early in the year. There is also a mail-in option; download the form from the STM's website, fill it out and send it in along with a passport-style photo and payment. The reduced-fare Opus IDs are \$15, either online or in person.

Big O appreciation



BY TAYLOR C. NOAKES

The first rule of visiting the Olympic Park is to not ask anyone about the Olympic Stadium. Just go see it for yourself and then read my articles for the *Canadian Encyclopedia* or *Building Magazine* afterwards. Everyone has an opinion about the Olympic Stadium, and, much like assholes, they all stink.

Olympic Stadium is the centrepiece of the much larger Olympic Park, and the park is conveniently served by two metro stations (Pie-IX and Viau), so it's really easy to get there. If for whatever reason you prefer to walk or bike, just take Sherbrooke east until you see the giant UFO-looking thing that seems to be suspended by the "leaning tower of Pie-IX." It's really hard to miss.

Even if there's nothing going on at the stadium (and chances are, this will be the case), it's still a thing to behold. It is an absolutely immense structure — the biggest stadium in Canada, and the tallest inclined tower in the world—and it's set on this massive site that dominates much of the East End of Montreal.

The stadium is also this peculiar blend of modern and postmodern architecture, concrete that's been molded into seemingly organic forms. It's a weird building for a number of reasons, not least because it's so closely identified with the city of Montreal, and yet doesn't look like what most people think about when they think about Montreal architecture. It's a futuristic behemoth that looks like a giant white elephant from another dimension that came and plopped down right smack in the middle of endless rows of greystone triplexes. It doesn't fit, and yet the city wouldn't quite be the same without it.

Take a walk around the site to drink it all in. Just walking around the stadium may take you a while, but it's worth your time. The building feels very different up close than from afar, and different from one side to another. Walk around the esplanade, which offers a good view of the site around the stadium as much of the stadium itself. On the other side, take note that this massive multi-sport complex has another stadium right next to it, and there are actually several attractions that have clustered around the stadium in recent years, including the city's new Planetarium.

Once you've taken your fill of prestressed concrete and Olympic gigantism, cleanse your palette by going across Sherbrooke to the Botanical Gardens, and get lost in this absolute oasis. You'll feel like you were magically transported out of Montreal. There are parts of the Botanical Gardens where you actually can't hear the city anymore. At a certain point, you'll get a spot where you've momentarily forgotten you're more or less near the centre of a metropolitan region of over four million people. Then you'll turn around and see the very top of the Montreal Tower poking out of the trees. This isn't the only place in Montreal where futuristic architecture seems to be surrounded by dense forest.

Make it a point to see the Biodôme, either as part of this trip or a return visit. The Biodôme recently completed an extensive renovation and is well worth your time, even if most of the people who go there are kids on school trips or families with young children. The Biodôme isn't like a zoo, it's a lot more like several distinct ecosystems faithfully reconstructed inside the former Olympic Velodrome that happens to allow people inside to see the animals (and what city doesn't have one of those, right?).

The Biodôme is the perfect complement to the Olympic Stadium, as both are radically over-engineered buildings given their functions. At some point in the late 1980s, as Montreal was gearing up for its 350th anniversary in 1992, someone came up with the idea of recreating ecosystems indoors and simultaneously recycling an old Olympic venue for that purpose, and in so doing came up with a zoo quite unlike any other. It's impossible to walk through the Biodôme without being thoroughly impressed by the totality of the recreated ecosystems. You won't see any large animals in cages here, which is without question a good thing.

There are other things to see and do at the Olympic Park that hopefully will become possible once the last anti-vaxx holdouts are rounded up and mass-inoculated against their will, and I'd recommend seeing those things, too (like the Planetarium, or the Chateau Dufresne design museum, or the Insectarium). If you're a fan of soccer, I've been told Saputo Stadium is a good venue. Whether you like baseball or not, there have been pre-season exhibition games several years in a row recently at the Olympic Stadium, which I highly recommend seeing if for no other reason than you can appreciate this immense and absurd building from its interior, which is somehow even more baffling. The Montreal Tower will also reopen to the public one of these days, and that's worth the trip, too.

If you're looking for a more practical reason to go to Olympic Park, consider the massive Olympic pool and the equally large gym facilities. The last time I checked, prices were reasonable for students, and it's unlikely the place will be packed. It's a great place to go swimming and work out in the dead of winter.

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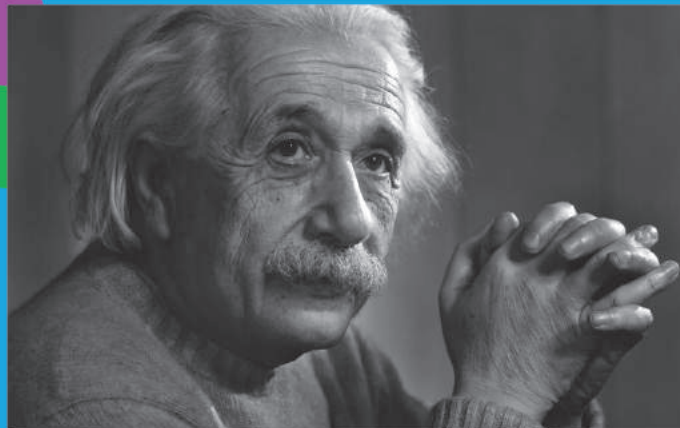
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The exhibitions "How long does it take for one voice to reach another?", The World of Yousuf Karsh: A Private Essence and Ragnar Kjartansson, Sumarnótt: Death Is Elsewhere are organized by the Montreal Museum of Fine Arts (MMFA). Intimacy of Strangers is presented by MOMENTA Biennale de l'image and produced in partnership with the MMFA. Rebecca Belmore, Ayum-ee-owach Oonamoo-mowon: Speaking to Their Mother, 1991, gathering, Johnson Lake, Banff National Park, Banff, Alberta, July 26, 2008. Courtesy of Walter Phillips Gallery, Banff Centre for Arts and Creativity, purchased with the support of the York Wilson Endowment Award, administered by the Canada Council for the Arts. Photo Sarah Curyssek | Anne Duk Hee Jordan, still image from Staying with the Trouble, 2019. Courtesy of the artist | Yousuf Karsh, Albert Einstein, February 11, 1948. MMFA, gift of Estrellita Karsh in memory of Yousuf Karsh. © Estate of Yousuf Karsh | Ragnar Kjartansson, Sumarnótt, 2019. Giverny Capital Collection.

Montreal neighbourhoods

DOWNTOWN

Borders: Somewhat nebulous, but usually Atwater to Berri, Sherbrooke to Viger

The deal: It's where you probably go to school, as well as the site of the city's highest concentration of clothes shopping and other retail, on the street and underground. Primary feature: Ste-Catherine

HOCHELAGA-MAISONNEUVE

Borders: A strangely shaped 'hood, but roughly Moreau to Gonthier, the St. Lawrence River to Sherbrooke

The deal: This area, aka HoMa or "the 'shlag," used to be poor, crime-ridden and down-market. It still kind of is. But coolness — and, to some degree, gentrification — started creeping in over a decade ago, when rents in the Plateau skyrocketed and the artsy crowd started moving east, prompting a few savvy entrepreneurs to open businesses like Café Atomic.

Primary feature: A celebration of sketchiness

MILE END

Borders: Also nebulous, and technically part of the Plateau, but usually Mont-Royal to the old CP Railway tracks in the north, Parc to Casgrain

The deal: The 19th-century term "Mile End," lifted from an East London suburb, fell out of fashion for most of the 20th century and resurfaced with the art/music boom of the early 2000s. In 2021, is it still Little Brooklyn, or a gentrified ghost town? Probably somewhere in between.

Primary feature: Mile End Ensemble's fight against real estate speculators

NOTRE-DAME-DE-GRÂCE

Borders: Pullman to Côte-St-Luc, Connaught to Grey

The deal: This West End 'hood — translation Our Lady of Grace, commonly known as NDG — is largely anglo and middle-class, with a significant Jamaican presence, working-class people and immigrants in the northwest and a high concentration of schools, including Concordia's Loyola campus. A few blocks south of the Westmount-adjacent "Monkland Village," Sherbrooke Street is NDG's core, where you'll find most of its restaurants, a smattering of bars and Girouard Park.

Primary feature: Tree-lined residential streets

PARC EX

Borders: Acadie to Parc, CP Railway tracks to Autoroute 40

The deal: Over the past two decades, Parc Ex has transformed from Greek Town to Little India. A couple of the city's best Greek restaurants remain, but they've been overshadowed by a glut of good, cheap Indian and Pakistani fare, while the majority of neighbourhood shops serve the two communities. Hipsters have been moving in, too, despite rising rents due in part to the massive new Université de Montréal campus. ("Mile Ex," by the way is simply a cross-section of Mile End, Parc Ex and a bit of Petite Patrie.)

Primary feature: Little India

THE PLATEAU

Borders: Sherbrooke to Mont-Royal, Parc to the CP Railway tracks in the east

The deal: A hotbed of nightlife, restaurants, boutiques and quaint old French architecture, this is Montreal's best-known neighbourhood, especially considering that Mile End is technically part of it. Though gentrification has driven out a lot of the young artists, the Plateau remains an awesome area to visit.

Primary feature: The heart of the heart of the city, St-Laurent Blvd.

ROSEMONT/PETITE-PATRIE

Borders: Hutchison to Lacordaire, Sherbrooke to Jean-Talon

The deal: Mostly inhabited by francophones, with pockets of Hispanic and Italian communities, this area has absorbed some of the overflow as hipsters got priced out of Mile End. This huge neighbourhood is home to Little Italy, the beloved Jean-Talon Market, St-Hubert Plaza (the cheap evening gown/wedding dress capital of the universe) and the lively strip of bars and restaurants on Beaubien.

Primary feature: Classic Montreal walk-up apartments for days

SAINT-HENRI

Borders: Autoroute 15 to Atwater, Lachine Canal to Autoroute 720

The deal: A working-class area that was once primarily French, this mostly residential West End 'hood got some Plateau and NDG spillover when rents there got too high, hence young artists, underground music venues and some cool restaurants, cafés, galleries and bars. The lovely Lachine Canal and Atwater Market, St-Henri still has its old-school trashy charm.

Primary feature: It's all happening on Notre-Dame Street

VERDUN

Borders: The St-Lawrence River to the Canal de l'Aqueduc, Fayolle to Mayor streets (plus Nun's Island)

This Southwest 'hood next door to Saint-Henri was once "dry" (ie. no bars allowed). Verdun's main drag has transformed so much since that designation was lifted just over a decade ago that it practically puts the Plateau's thoroughfares to shame. There's even a beach! A stroll by the canal and the residential streets densely packed with little old houses and duplexes will summon up the ghosts of old Verdun, though.

Primary feature: Restaurants, bars and boutiques on and around Wellington

Exo Quebec

Looking to head off-island? Montreal's commuter train service, the Exo, (formerly the RTM, or Réseau de transport métropolitain), hits as far as Mascouche, St-Jérôme, Hudson, Candiac and Mont-St-Hilaire. Unfortunately, the line to Deux-Montagnes closed on January 1, 2021. As is the case within the metro system, masks are currently mandatory on all Exo trains and within all stations. Fares are calculated based on zones but the Exo website has a comprehensive trip and fare calculator that integrates the STM metro and bus network, if necessary. The Exo is also integrated with the OPUS card system. Bicycles are also welcome on the trains.

Regular one-way, Exo-only fares range from \$3.50–\$7.50, but these are subject to change as construction continues on Montreal's new light-rail. For the most up-to-date information on fares and services, check out Exo's website at exo.quebec.

TAXIS VS. UBER

The competition between Uber and Montreal taxi companies rages on, and although Uber's rates rose significantly after the service's legalization in 2016, it's still cheaper than cabs: the UberX (as opposed to Uber Select or Uber XL) base rate is \$1.90, then \$0.79 per kilometre, and 19 cents per minute in addition to booking charges and taxes. Surge pricing can raise the price of Uber significantly, but in many cases surges are short-lived. Additional rideshare options are also on the horizon including Lyft, which is in ongoing negotiations to bring its services to Montreal, along with local cooperative start-up Eva.

Both the Uber and Eva apps are available on your device's app store.

Below we've compiled a list of a few local taxi companies.

<https://www.taxi-calculator.com/taxi-fare-montreal/353>

Get an estimate for how much a trip will cost by entering your route on this website.

Taxi Atlas

514-485-8585
215 "impeccably groomed" cars.

Taxi Champlain

514-271-1111

With nearly 350 cars on the road, this company may be more reliable than the bridge it shares a name with. You can make a reservation online, or download the mobile app.

Taxi Co-op

514-725-9885
Reserve one of their fleet of 500 cars online at taxi-coop.com/en/reservation.html. Use their app and get a 15 per cent discount (which might make your cab trip cheaper than Uber).

Taxi Diamond

514-273-6331
Available throughout central Montreal, with a large number of cars on call. Reserve via phone, online, or via their iOS & Android app.

Taxi Hochelaga/Taxi Beaubien/Super Taxi

514-322-2121, 514-376-4040, 514-382-1010
Three companies pool their resources by sharing an HQ. Their app, Téo, is available for iOS & Android.

Due to COVID-19, masks are now obligatory for both drivers and passengers in taxis or Uber cars. Furthermore, there may be limits on the maximum number of passengers permitted in certain vehicles and passengers are not permitted to ride in the front seat adjacent to the driver. Taxis have also installed protective dividers between front and back seats and many are providing hand sanitizer on board.

inter-city

BUSES

Most Inter-city buses, operated by various carriers, leave from the gare d'autocars de Montréal, located at 1717 Berri, accessible via Berri-UQAM metro station. Most routes are pretty cheap compared with trains or

planes, and you can usually obtain a reduced fare with your institutional student ID or International Student Identification Card (ISIC).

Masks are currently mandatory for all passengers at all times and certain carriers may enforce their own particular rules and precautions aboard their buses. All carriers are also strongly suggesting that passengers make bookings in advance and online, with particular companies no longer offering physical tickets whatsoever.

Unfortunately, as of May 13, 2021, Greyhound Canada has permanently closed all of its services in Quebec and Ontario. Greyhound USA plans to resume service on its routes from Montreal to Boston and Montreal to New York when the land border reopens. The situation is evolving day to day but smaller carriers which mainly service the rest of Quebec, including Orléans Express (orleansexpress.com), Autobus Maheux (autobusmaheux.qc.ca), Groupe Galand (galland-bus.com) and Transdev Limocar (limocar.ca/en/home/) continue to run. Note: Select Transdev Limocar buses depart from the Terminus Mansfield near Bonaventure metro at 997 St-Antoine W. +1 888-702-8726.

Additionally, Coach Canada's double-decker Megabus (ca.megabus.com) continues to run and is a popular option for those headed to Toronto, Kingston or one of their select stops along the way. There's free wifi, and tickets operate on a sliding scale, with rates going up as the tickets sell — you're likely to pay something in the \$60-\$100 range for a round trip. You can maintain social distancing for a fee, which will guarantee an empty seat next to you on the bus. Please note: the Megabus departs from 997 St-Antoine W. (Bonaventure metro).

For the majority of inter-city buses leaving and arriving at the Gare d'autocars de Montréal at Berri, call 514-842-2281 for bus schedules and prices, or visit gamtl.com and use their destination selector.

TRAINS

As mandated by the federal government, only the double-vaccinated will soon be able to board trains.

Inter-city trains arrive at and depart from Gare Centrale, at 895 de la Gauchetière W. (connected to Bonaventure metro), 514-989-2626. Canadian bookings can be made online at viarail.ca

Due to COVID-19, some regularly scheduled routes are operating on reduced schedules or only partially served, while others (notably Amtrak routes to the United States) have been completely suspended. For up to date information, be sure to consult the Via Rail website. Via have also temporarily modified their cancellation policy so you can get a full refund on your tickets when you cancel at any time prior to departure for all travel now through Nov. 15, 2021.

Much like other forms of transportation, COVID-19 measures now mandate that all passengers and staff wear masks at all times, including within stations and while boarding. Exemptions are made for children under the age of two and individuals unable to wear a mask (medical certification required).

VIA student rates

The speed, free wifi and cushy seats can make it worthwhile for longer trips, and there are deals available. Follow Via Rail on Twitter (@VIA_Rail) for updates on discounts. They do offer discounted rates for youths between 12-25 or students holding a valid ISIC over the age of 26.

Fare finding tips

Save some money by looking for one-way economy class tickets online as part of VIA's "Lowest fares" feature. There are limited seats and fares vary depending on the day of the week and time of departure. Additionally, booking early (five or more days in advance) generally knocks 30% off a return trip and 20% off a one-way economy ticket. Check viarail.ca/en/fares-and-packages/our-lowest-fares for deals.

VIA Youth Pass

\$329 can get you a package of six one-way trips from Montreal to places as far west as Windsor. Include Quebec to the east for \$399. Valid for 180 days. Available to people aged 12-25, and students 26+

PLANES

As mandated by the federal government, only the double-vaccinated will soon be able to board planes.

Passenger flights to and from Montreal go through Trudeau airport (YUL) in the West Island, hood of Dorval. Track your flights at admtl.com. There are several ways to get to and from YUL:

Note: As with all public modes of transportation, wearing a mask is currently mandatory for all air travellers.

STM 747 express bus

For \$10 (or free if you have a monthly pass, day pass, three-day pass, weekend or full week pass), the STM airport shuttle gets you there or back in around 45 minutes. The 747 bus has 2 routes; the Berri-UQAM route conveniently stops at several places downtown and loops at the Gate d'autocars de Montreal main bus terminal; the Lionel-Groulx route makes 1 stop at Lionel-Groulx metro. Be sure to check the status of the 747 on the STM website before your trip.

STM bus

For a standard \$3.50 fare, you can catch the 211 bus from Lionel Groulx metro to Dorval station, then transfer to the 204 bus. The trip takes a long time and you might end up waiting around between transfers, so this method is best for those that are truly adventurous, broke and have nothing better to do.

Taxi and Uber

If you catch a cab within the downtown area, it costs \$41 even (plus tip, of course). Outside of that area, fares run on the metre, so they vary by time and distance. Uber can now pick up and drop off travellers at the airport.

DRIVING

Driving in Montreal is not for the faint of heart: endless construction, potholes, crazy snowstorms and frustrating signage keep it spicy. There are no right turns on red lights on the island of Montreal, and some drivers on our roads are kind of shit. The average annual cost of owning a car is between \$8,000 and \$10,000.



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LADYATHENAE
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The Dears ✦ The Besnard Lakes ✦ Chiiild

ALL HANDS_MAKE LIGHT ✦ Marie-Pierre Arthur

Aiza ✦ Dorothea Paas ✦ Ada Lea ✦ Islands

Socalled ✦ Safia Nolin ✦ Malika Tirolien ✦ Le Ren

Dishwasher ✦ Fred Fortin ✦ Leila Lanova ✦ DijahSB

Lightman Jarvis Ecstatic Band ✦ Fernie ✦ Fanclubwallet

Kae Sun ✦ Comment Debord ✦ Li'l Andy ✦ Katie Moore

Hanorah ✦ Sin & Swoon ✦ Antony Carle ✦ Vagina Witchcraft

Maryze ✦ Lydia Képinski ✦ Janette King ✦ Thus Owls

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We acknowledge the financial support of FACTOR, the Government of Canada and of Canada's private radio broadcasters, Canada Council for the Arts and le Conseil des arts de Montréal.

Nous reconnaissons l'appui financier de FACTOR, du gouvernement du Canada, des radiodiffuseurs privés du Canada, le Conseil des arts du Canada et le Conseil des arts de Montréal.

PARKING

Montreal can be lousy for parking. Most residential streets have weekly restrictions for street cleaning in summer, and epic overnight snow-removal operations in the winter. Car ownership often requires a lot of watching the clock and moving your car so the city can do their thing (not to mention some serious snow shovelling).

Many streets around the city are designated as *réservé*, so that only residents can park in certain areas. Purchase the permit for Street Parking Reserved for Residents (SRRR) through your borough's *Accès Montréal* office found via Montreal's homepage (montreal.ca/en/). The cost of purchasing a parking vignette varies by borough and, in some cases, what kind of car you own. Check the city's website above for the most up-to-date information for your borough.

Metered street parking in more commercial areas can be purchased (and renewed) via the P\$ Mobile Service app (available for iOS and Android), or at parking meters. Metered parking is by space number, so no need to place a ticket on your dashboard.

CAR RENTALS

Car rental agencies require a valid licence and credit card, and often require that drivers be at least 21. Also, know that a substantial amount of money might be frozen on your credit card while the car is rented.

COMMUNAUTO communauto.com

Car-sharing service with a varied fleet (including Toyota Yaris or electric Nissan LEAF) ideal for errands and day trips with much lower rates than a rental. Cars are parked at various locations around the city, making them easy for pick-up and drop-off near home. However, you must return your car to the same location where you picked it up, unless using their FLEX (formerly Auto-mobile) option. Gas and insurance are included in the deal.

Communauto tends to work well for trips within the city, but use is partly charged by mileage, so it's not your best bet for longer trips. Their absolute bare-bones model features FLEX rentals at \$0.40/minute, \$12/hour, and \$50/day. They also offer a range of more substantial annual plans from \$40 to \$360 (plus a refundable \$500 membership fee), in addition to an open plan, with higher per-minute rates but zero membership fees.

RIDE SHARES

Kangaride (kangaride.com), **Poparide** (poparide.com) Kangaride and Poparide are both carpooling organizations that connect passengers with drivers for affordable, long-distance rides. The rate you pay your driver varies by location.

McGill Classifieds

(ssmu.mcgill.ca/marketplace) Look for ride shares through this university-affiliated listing, though they aren't specifically available only to students.

Craigslist

(<https://montreal.craigslist.org/search/rid>) and Kijiji (kijiji.ca/b-covoiturage/grand-montreal/c5l80002) both have rideshare sections, and there are daily rides going to and from Toronto in big 15-passenger vans for about \$40 each way — but like any somewhat sketchy unregulated grey-market service, choose at your own risk.

CYCLING

Montreal is a cyclist's town. It's a cheap, environmentally friendly and healthy way to get around — during the warmer months, at least — though some people are brave enough to bike through the winter. Including that unicycle dude. Riding in

traffic can be intimidating at first, but Google Maps will help you find a route along the city's extensive network of bike paths. BIXI is a good way to test the waters before you commit to buying your own ride.

Make sure to invest in a good lock that secures both the frame and front wheel — this town is notorious for bike theft. And a helmet is strongly recommended: though wearing one is not yet mandated by law, there are tons of careless drivers in giant vehicles out there.

BIXI

BIXI is Montreal's seasonal bike rental program, which runs from April 9 through November 15. With over 9000 bikes distributed between 680 stations around town, the constantly expanding service is super-convenient.

Using BIXI is more expensive than having your own bicycle, and they can be a little unwieldy to ride, but if you don't ride often or don't want to maintain or store a bike, it's a great option. It's also a boon for tourists and temporary residents.

When you borrow a bike from a station (any station), your credit card is charged a \$100 refundable deposit, plus a 50-cent unlocking fee. After that, you can ride as long as you like for 10 cents per minute. You can also register online at montreal.bixi.com to sign up for monthly (\$19), or full-year (\$99) memberships. Members do not pay unlocking fees, and they get unlimited BIXI trips up to 45 minutes long — with each additional minute costing 5 cents.

In light of recent trends, Bixi has also recently introduced a small fleet of electric bikes (or ebikes) to their fleet that can be rented for an additional 25 cents per minute (10 cents per minute for members). Be aware that helmets are mandatory to ride these bikes, and they're not provided, so you'll have to bring along your own.

Owing to COVID-19 precautions, BIXI has a set of recommendations listed on their website to ensure rider safety when renting bikes. Recommendations include disinfecting select surfaces and washing your hands before and after rentals. For the full list of recommendations, be sure to consult their website.

BIXI also offers numerous discounts through partnerships with other transportation organizations in the city, including the STM, Communauto, Exo, and CAA Quebec. Full details are posted on the BIXI website. (bixi.com/en)

BIKE CO-OPS

Bike co-ops are garage spaces offering access to tools and recycled parts. There are usually trained mechanics or volunteers on-site who can give you advice on how to maintain your ride, although you'll have to do the dirty work yourself.

With COVID-19 necessitating policy shifts all across the board, be sure to check out these websites for the most up-to-date info for access and protocols.

Mile-End Bike Garage

135 Van Horne #201 (2nd floor) facebook.com/MileEndBikeGarage

A volunteer-run repair shop, here to help out cyclists with affordable parts (new and used) and advice. The workshop is currently accessible by appointment only, which you can schedule through Facebook. \$5 to \$10 suggested donation, cash only.

The FLAT Bike Collective

3480 McTavish (SSMU building), room B-02 theflat.wordpress.com The McGill University bike collective is currently closed but is slated to return to their original location in the newly renovated SSMU building basement at some point during the fall.

SantroVélo

111 Roy E., santropolroulant.org

Santropol Roulant's bike clinic, open Monday–Wednesday 5–7:15 p.m. \$5/visit for tool usage, \$10 or PWYC for an appointment

SantroVélo's main garage space is temporarily closed, but they've moved outdoors. For booking appointments, see the online form on their website.

BIKE SHOPS + REPAIRS

Allo Velo

141 Shannon, velolifestyle.com Griffintown bike shop and café whose tune-up packages include a free Italian espresso. Specializing in European-made city bikes and cargo bikes.

Bicycles McW

6010 Sherbrooke W., bicyclesmcw.com Free fitting with new bike purchase, tune-ups, specialty bikes and more.

Bicycletterie JR

201 Rachel E., labicycletteriejr.com Bike parts and riding accessories, winter storage and fair repair rates.

Bikurious

169 Ontario E., bikuriousmontreal.com Specializing in custom builds, but they also do repairs by appointment. Book through their website.

C&L Cycle

75 Villeneuve W., 978 Rachel E., clcycle.ca Boutique bike shop with friendly and personalized service.

Culture Vélo

Parc Jarry, atelierculturevelo.ca This community bike workshop located in the middle of Jarry Park offers affordable tune-ups and workshops. Book an appointment through their website, or keep an eye on the Atelier Culture Vélo Facebook page for more opportunities to link up.

Club Cycliste Cycle Pop

4179 St-Dominique, club.cyclepop.ca Membership-only bike club offering repairs, rentals, winter storage, spin classes and organized bike tours. The Clubhouse itself remains closed due to COVID-19, but is planning to reopen in 2022. In the meantime, activities are listed on their website.

Fitz & Follwell

115 Mont-Royal W., fitzandfollwell.co Small but well-stocked Plateau bike shop that offers bike tours and rentals.

Rebicycle

3801 St-Denis, rebicycle.ca Socially minded enterprise that turns used bikes into affordable custom rebuilds while partnering with Cyclo Nord-Sud, an org that donates used bicycles to impoverished communities.

SOS Vélo

3075 Ste-Catherine E., sosvelo.ca/boutique.html Solid recycled bikes sold under the ÉCOVÉLO brand, and built as part of an employment training program.

SPECIALTY BIKES

514 BMX

5586A Sherbrooke W., 514bmx.com Hardcore BMX haven.

Brakeless (BKLS)

5390 Parc, 514-759-1251 Mile End bike and barber shop, catering to the fixie set.

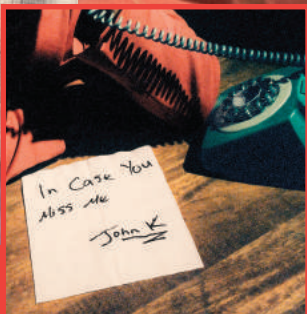
Cycle Technique

788 Atwater, cycletechnique.com A shop for serious cyclists.

Dyad

80 Prince-Arthur E., 625 St-Maurice, 18 Beaubien E., dyadcycles.com Specializing in electric bikes and scooters, with rentable electric and conventional models plus a repair shop.

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Available
September
10th

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living

If you don't want to end up couch-surfing or Airbnbing forever (or living in a van down by the river), you're going to have to rent an apartment in this city. And believe it or not, Craigslist and Kijiji aren't the only resources you can turn to in your search.

HOUSING

HOUSING BANKS

The physical offices of the following housing banks remain closed due to COVID-19, but in-person activities are slowly returning and may resume in full sometime this semester. Apartment listings are still being actively curated and staff members continue to work remotely. Be sure to reach out via phone or email for up-to-date resources and information.

Concordia Off-Campus Housing and Job Bank
Hall Building, 1455 de Maisonneuve W., H-224 (Mezzanine), classifieds.csu.qc.ca
hojo@csu.qc.ca
Online listings organized by Concordia's student union with jobs and off-campus housing (student ID not required).

McGill Off-Campus Housing
3473 University, mcgill.ca/students/housing/offcampus/
Complete online listings through a partnership with Places4Students.

NDG Info Depot
5964 Notre-Dame-de-Grâce #204, ndg.ca/en/ndg-housing-table
This NDG Community Council provides information on tenants' rights and affordable housing.

SUBSIDIZED HOUSING

Though hardly a short-term solution (it can take years to finally get an apartment), subsidized dwellings are a steal if you can snag one.

Office municipal d'habitation de Montréal
415 St-Antoine W., 2nd floor, omhm.qc.ca/en/
Monday–Friday 8:30 a.m.–12 p.m. & 1–4:30 p.m.

Société d'habitation et de développement de Montréal
800 de Maisonneuve E., #2200, shdm.org
SHDM offices are currently closed due to COVID-19, but they are planning to reopen in September. They encourage people to contact them via email or phone for all their regular services, including information on finding and renting an affordable unit among one of their 300+ buildings.

CO-OPS

Fédération des coopératives d'habitation intermunicipale du Montréal métropolitain
7000 Parc #206, fechim.coop/en
A master list of hundreds of housing co-ops. Their physical offices are closed until further notice but staff remains hard at work offering a range of remote services including teleconference seminars on how to get a unit in a housing co-operative. For information, be sure to contact them directly.

TENANTS' RIGHTS

Arnold Bennett Housing Hotline + Walk-in Clinic,
1440 Stanley 5th floor, facebook.com/groups/HousingHotline
While the weekly walk-in clinics which normally run Sundays from 11 a.m. are on hiatus due to COVID-19, the telephone hotline and facebook group remains active and helpful. Hotline open Monday–Friday 9 a.m.–5 p.m.

LikeHome
likehome.info
Online reference for students on housing and the rental market in Montreal.

LogisAction NDG
5964 Notre-Dame-de-Grâce #206, en.logisaction.ca
Organization that helps residents of NDG with rental housing problems, devoted to improving overall housing conditions in the neighbourhood. Appointments can be booked through their website.

Project Genesis
4735 Côte-Ste-Catherine, genese.qc.ca
Drop-in clinic offering free, confidential help with housing and financial issues. Due to COVID-19, their physical offices are closed but continue to offer services by phone. Monday through Thursday 9 a.m.–5 p.m. and Fridays from 9 a.m.–3 p.m.

Régie du logement
5199 Sherbrooke E. #D-2095 or 1425 René-Lévesque W. #600, rdl.gouv.qc.ca/
This government department primarily resolves disputes between landlords and tenants but also advises about navigating Quebec's housing laws. Services are offered in person by appointment, but you can get advice by phone from Monday to Friday between 8:30 a.m.–12 p.m. and between 1 p.m.–4:30 p.m.

Regroupement des comités logements et associations de locataires du Québec
6839 Drolet #302, rclalq.qc.ca
An umbrella organization that can direct you to housing rights groups in your neighbourhood. See the "groupes logements" section of their website for the list. Note: French only.

Front d'Action Populaire en Réaménagement Urbain (FRAPRU)
1431 Fullum #201, frapru.qc.ca
Another umbrella organization for the advancement of housing rights. See the "liste de membres" section for their constituent member organizations. Note: French only.

CITY + GOVERNMENT

City of Montreal Services
dial 311 ville.montreal.qc.ca
Municipal.
Tip: The Accès Montréal membership card (\$8.25) gets you deals on Bixi, the Espace pour la vie attractions (Biodôme, Biosphere, Botanical Gardens, Insectarium, Planetarium), golfing and more.

Service Canada
servicecanada.gc.ca
Federal.

Province of Quebec
gouv.qc.ca
Provincial.

Recycling and disposal
Éco-Quartiers, eco-quartiers.org
Free recycling boxes or recycling bags, while Éco Centres will take old electronics and any other toxic materials off your hands. Find your neighbourhood locations online or by dialing 311. At the time of writing, all Éco Centres remain open and operational. Be sure to contact the Éco Centre in your neighbourhood for up-to-date information.

Composting
Compost Montreal, compostmontreal.com
Offers an affordable service across the island, though most boroughs now collect compost for free.

Bedbugs
ville.montreal.qc.ca/bedbugs
The city's English-language bed bug prevention and management portal.

staying connected

INTERNET SERVICE PROVIDERS

Mooching off coffeeshop wifi will only get you so far, so here's a list of the city's internet service providers. Bell and Vidéotron are the major players, but we've also cherry-picked some indie ISPs. Remember,

installation and other fees are always extra, so read the fine print!

ColbaNet
colba.net
High-speed DSL connections starting at \$37.95/month. Activation \$50, wireless modem \$85, dry loop \$5/month to \$9.95/month (required if no land line available). Cable plans start at \$31.95/month, with activation fees ranging from \$50 to \$82.

Contact
contact.net
DSL plans start at \$26.95/month. Installation \$100, modem \$125, dry loop \$25 installation, \$10.95/month.

Distributel
distributel.ca
DSL plans from \$55 to \$110/month in addition to custom plans with various modem rental or purchase options. A \$30 Activation Fee and a \$50 Installation apply to all new customers and \$60 a installation fee applies to Internet reconections and/or changes of address. Additionally, dry loop charges of \$5/month can apply if no traditional telephone line is present.

EBOX
ebox.ca
Cable and DSL service boasting unlimited data, starting at \$36.95/month and \$43.95/month respectively. Multiple options for rental vs. purchase of modems. Free installation on many (though not all) of their packages.

TekSavvy
teksavvy.com
Service over cable or existing phone line starting at \$39.95/month and DSL packages starting at \$45.95/month. Activation \$49.95, modem option and dry loop fees will vary.

CoopTel
cooptel.ca/
Cooperative telecom with low rates and yearly dividend cheques.

working

FINDING A JOB

If you don't speak French, your job opportunities may be limited. Still, there's work out there for you, even if you are a unilingual anglophone. You just need to know where to look. And while sites like workopolis.com and, of course, the venerable Craigslist are both good options, they're not the only resources around.

Accès Montréal 311
Services provided by the city for residents include tips on job hunting along with some job postings.

Employment and Social Development Canada
For locations, or for information about employment insurance or a SIN card, call 1-800-206-7218. Browse listings at jobbank.gc.ca, esdc.gc.ca or jobs.gc.ca to search government listings. Listings change all the time, so check in regularly and set up job alerts.

Carrefour Jeunesse-Emploi
rcjeq.org
CJE offers a (French-only) online job bank and other services at its locations across the city, for anyone aged 16–35. Their offices remain closed due to COVID-19, but staff continue to offer services remotely via phone or email.

Concordia Off-Campus Housing and Job Bank classifieds.csu.qc.ca
Search the online ads for both housing and jobs.

Concordia University Career and Planning Services
1455 de Maisonneuve W., concordia.ca/students/success/career-planning-services.html, caps@concordia.ca
Valid Concordia ID and MyConcordia login required for online job search.

Emploi-Québec
quebec.ca/emploi/offres-d-emploi/
Includes listings not found on the federal site, along with provincially administered employment and training programs.

 **Desjardins**
presents

pacmusee.qc.ca/en

IT'S
CIRCUS
TIME!

ExHIBiTioN
Starting
October 13

Dive into the fascinating and surprising world of the circus and discover its history, iconic characters, and artists while getting to know the skilled homegrown circus troupes that have put Quebec on the international stage. Come enjoy this breathtaking and moving exhibition to get an authentic circus-performer experience!



 **POINTE-À-CALLIÈRE**
Montréal Archaeology
and History Complex

 **AIR CANADA**
CARGO

 **INTERCONTINENTAL**
MONTREAL

 **LA PRESSE**

 **École nationale
de cirque**
MONTREAL

 **Montréal**

 **Québec**

JUMP-START YOUR BUSINESS

FREE | Wednesdays | 2:00PM - 3:30PM

Starting a business? Looking for financing? Let's do it together! From ideas to revenue, we'll walk you through the steps you need to take and the different types of financing options that are available to get your new or existing venture funded.

BUSINESS BOOTCAMP

Daytime series | FREE

Thursdays, Sept 9, 16, 23 & 30 | 1:00PM - 3:00PM

Evening series | FREE

Mondays, Sept 13, 20, 27 & Oct 4 | 6:00PM - 8:00PM

Gain invaluable information in this one-month accelerated course consisting of four 2-hour interactive modules in an online group setting.*

LEGAL INFORMATION CLINIC FOR ENTREPRENEURS**

FREE* | Tuesdays | 9:00AM - 5:00PM

ELLEVATE WOMEN ENTREPRENEURS PRE-ACCELERATOR VIRTUAL DEMO DAY

FREE | Thursday, September 9 | 6:00PM - 9:00PM

REGISTERING YOUR BUSINESS

FREE | Tuesday, September 21 | 12:00PM - 1:00PM

ONBOARDING - THE NEW HR SECRET FOR BUSINESS SUCCESS

\$10** | Tuesday, September 21 | 6:30PM - 9:00PM

PRICING YOUR GOODS & SERVICES

\$10** | Friday, September 24 | 10:00AM - 12:00PM

HOW TO GROW YOUR REVENUE WITH A CRM SYSTEM

\$10** | Tuesday, September 28 | 6:30PM - 8:30PM

From ideas to revenue,
visit our website and find
out how we can help you
**REACH YOUR
GOALS.**

Register now at yesmontreal.ca or call **514-878-9788**.
All of our workshops are available as live streaming webinars.

*There is an annual business service fee of \$30 that grants you access to specialized services including coaching, Business Bootcamp, legal information and accounting clinics.

**As part of our ongoing effort to support entrepreneurs, small business owners and artists, we have applied a 50% discount on select workshops. The online price reflects the 50% discount.

***A YES Business Coach referral is required.

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**Canada Economic
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**Développement
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pour les régions du Québec

YES is a non-profit organization

Yes Employment
+ Entrepreneurship

McGill Career Planning Service
3600 McTavish #2200, 2111 Lakeshore, Ste-Anne-de-Bellevue, mcgill.ca/caps/
Valid McGill ID number required. Features an online job bank as well as tutorials, seminars, and workshops all currently available via teleconferencing due to COVID-19. Limited in-person appointments are available on Wednesdays.

YES Employment + Entrepreneurship
666 Sherbrooke W. #700, yesmontreal.ca
YES offers English-language support to help Quebecers aged 18–40 to find employment, start and grow businesses or realize a career in the arts. Services include individual career counselling, business coaching, day and evening workshops, mentoring, conferences and networking opportunities. Their offices are currently closed due to the pandemic, but they continue to offer all services remotely, including one-on-one counselling for job seekers or entrepreneurs. Monday–Friday 9 a.m.–5 p.m.

KEEPING A JOB

Please note that the following offices remain closed to the general public due to COVID-19, or in some cases are open but operating in a limited capacity. Many of their services have been effectively transferred online and via teleconferencing.

Union des travailleurs et travailleuses accidenté(e)s de Montréal (UTTAM)
2348 Hochelaga, uttam.qc.ca
Among other things, this group lobbies the government on labour laws and work injuries, and assists claimants at CNESST hearings. Uttam offices are currently open in a limited capacity but appointments must be made in advance.

Commission des normes, de l'équité, de la santé et de la sécurité du travail (CNESST)
cnesst.gouv.qc.ca

This provincial agency makes sure employers are operating above board and investigates complaints. Oversees health and safety in the workplace and investigates accidents. Also a good resource on vacation pay, salaries, wrongful dismissal, parental-leave and other benefits.

Direction des plaintes et des relations avec la clientèle
mtess.gouv.qc.ca/services-a-la-clientele/bureau-des-renseignements/formuler-une-plainte.asp
A line for social-aid information and complaints run by Quebec's Ministère de l'emploi et de la solidarité sociale.

Le conseil national des chômeurs et chômeuses
3734 Parc, lecnc.com/montreal
Offers guidance on governmental COVID-19 aid programs and employment Insurance, including a detailed guide for students seeking EI. French only.

Back to school, pandemic edition

BY SAVANNAH STEWART

This year, students have more on their minds than the stress of buying expensive textbooks and finding the right room in time for class. As universities return to in-person learning for the first time since March 2020 with the pandemic still underway, a whole host of other stressors have been added to the mix.

“This year, we don’t know what to expect from school,” says Darshan Daryanani, president of the Students’ Society of McGill University.

“Even though we’re really excited to go back to in-person learning, there’s a lot of safety issues that we see right now,” says Hannah Jamet-Lange, academic and advocacy coordinator for the Concordia Student Union.

Amid all the uncertainty, some things are for sure, like mask mandates and some modifications to the annual orientation events. We spoke with members of the executive teams of the SSMU and the CSU about some of the challenges students face in their return to school this year, and what they can expect from their student unions.

ORIENTATION

“We’re trying to create activities, create that environment that brings back the student experience in the safest and most inclusive way,” says Daryanani.

The SSMU will have its usual twice annual Activities Night, and this time for the fall semester it will take place over two nights: one virtual night and one in-person. On Sept. 13, the virtual night will take place on Gather.Town, a virtual space with over 250 “booths” that attendees will be able to visit and chat with people involved in different facets of McGill student life. After the virtual night will be the Activities Night “afterhours” on Sept. 14, an in-person, 18+ event at Muzique.

Daryanani says that all events will be planned in accordance with public health guidelines. McGill’s student bar Gerts will also be opening for the first time in about three years, since it closed before the pandemic for renovations. Daryanani noted that since Gerts qualifies as a non-essential service, students will have to show proof of vaccination to enter. And more events will be added to the schedule as students settle back in.

“All of these things have to be inclusive for those who don’t have their vaccines yet so we will have alternative events,” says Daryanani.

The CSU’s Student Life Coordinator Malcolm Asselin outlined several events planned for back to school. One such event is the Pins and Poetry night taking place on Sept. 11 on the terrace outside the Hall Building, which will be a night of poetry, food and tabling.

Asselin says that Concordia is enforcing some regulations for food: people eating (or even just taking a sip of water) need to be sitting in a designated area and must be two metres apart from anyone they are speaking to. Masks will be mandatory at all events, and they will do their best to maintain physical distancing as well.

“Things are changing every day, pretty much. It’s very weird to juggle. I am continuously making accommodations with the new guidelines,” says Asselin.

There will also be an art exhibit in collaboration with the Fine Arts Student Association,

and several events promoting health and wellness organized with the Recovery & Wellness Community Centre: yoga, dance and writing are some of the events planned, to be held at Loyola campus.

STUDENT CONCERNS

Daryanani hopes to see more action from the university to address the long term impacts on physical and mental health, as well as existing inequities that were exacerbated by the pandemic.

“The vaccine is a vaccine to protect us from COVID, but it doesn’t mean that once you get the vaccine, you forget COVID. So the trauma, the fear, the anxiety, the uncertainty is something that has not been addressed,” he says. “The loss has been immeasurable around the world. So many incidents, everywhere. I don’t think McGill has helped with that. On the SSMU side, we’re trying.”

With a third of McGill students coming from abroad, Daryanani is concerned that travel restrictions and global vaccine inequality will make things harder for international students during the back to school season. As it stands, travellers from India can’t enter the country until Sept. 21, which complicates things for those coming here to study.

“Those who are currently registered might have to take a leave of absence, which is very detrimental. You pay tuition, you expect to come to school after a four-month-long summer after an 18-month break [from in-person learning], but suddenly just because of a travel measure, you’re not allowed to come here,” says Daryanani.

“What we would like to see is that students are really given choices, that there be more options,” says Jamet-Lange of the CSU. One such option is the ability to attend classes virtually as well as in person. The CSU also thinks that recordings of classes should be made available online.

“We’re going into a Delta fourth wave right now, cases are rising again and a lot of students are really concerned about that.”

Concordia has said that those with medical issues can get exemptions, but the CSU wonders how these exemptions will be granted. “How can the university have the authority to distinguish what a legitimate health concern is? It’s a bit problematic,” says Asselin. “People who have anxiety and are uncomfortable with going back to class, that is also legitimate.”

VACCINE MANDATES

Though the SSMU and the CSU are both saying they believe vaccines are the surest way out of this pandemic, university adoption of a vaccine mandate to attend in-person learning is not such a clear-cut topic.

“We definitely think that there’s a lot of benefit to it, and we think that it could be really helpful,” says Jamet-Lange. But if it were to be implemented, the CSU wants to make sure accommodations would be made for students who can’t get the vaccine for health reasons, like quick test locations at both campuses.

International students might be coming from countries where the vaccine rollout is happening at a much slower rate, so a grace period to allow those students time to get their shots here would also be important for inclusivity, says Jamet-Lange

A mandate that only accepts those vaccines that have been approved for use in Canada leaves out many vaccines that have been used elsewhere. “That is unfair. That is not what we stand for at SSMU,” says Daryanani.

He also points to the fact that students enrolled for their classes months ago, and so adding a vaccine mandate now would not be appropriate. It’s a bit too late to entertain the notion now, he says. “It’s been a year since we knew that we were going to open back up.”

Despite these issues and uncertainties, there is still a lot of excitement as many students will get to have their first taste of the in-person university life. “They want to have the full university experience,” says Jamet-Lange.

Season 2021-22

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“A national treasure”
- *La Presse*

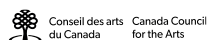
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Louise Lecavalier Stations

Dance | Montreal

SEPT 17 → 25

Tickets at usine-c.com



shopping

clothing

Ubiquitous and ultra-popular apparel options like H&M and Uniqlo are great, but it's just as cheap and easy to set yourself apart from the pack by shopping at Montreal's many distinctive stores.

VINTAGE

Annex Vintage
5364 St-Laurent, annexvintage.com

Citizen Vintage
4059 St-Laurent, 5330 St-Laurent, Citizen Vintage
citizenvintage.com

Empire Exchange
5225 Saint-Laurent Boulevard, 6796 St-Laurent, 51 Bernard W., empiremtl.com/
Currently, both St-Laurent outposts are open but the shop on Bernard remains closed for the time being. Their exchange program is open by appointment only, which you can book on their website.

Eva B
2015 St-Laurent, boutiqueevab.com

Ex-Voto
6534 St-Laurent, exvoto.ca

Friperie Swing
151 des Pins E., boutiqueswing.com

Little Shop
1002 Ogilvy, instagram.com/thelittleshopmtl

LNF Shop
5319 Parc, lnfshop.com

Ruse
5141 St-Laurent, ruseboutique.com
Also a consignment shop, if you're looking to thin out your wardrobe

LOCAL DESIGNERS & NOTABLE BOUTIQUES

Général 54
5145 St-Laurent, general54.ca

Lowell
5298 St-Laurent, lowellmtl.ca

Belle & Rebelle
6583A St-Hubert, belleetrebelle.ca

Unicorn
5135 St-Laurent, boutiqueunicorn.com
La Montréalaise Atelier 65 St-Viateur E., facebook.com/lamontrealaiseatelier

Off the Hook
1021 Ste-Catherine W., 4357 St-Laurent, 421 St-Vincent, offthehook.ca/

Frank & Oak
160 St-Viateur E. (womenswear), 1420 Stanley (menswear), 1432 Stanley (womenswear), frankandoak.com

FACTORY OUTLETS + DISCOUNT STORES

Namur
Factory outlets abound in strip-mall land surrounding Namur metro, including Fabricville and Ardène.

Marché Centrale
8701-9187 Acadie, marchecentral.com
On the north side of the 40, this sprawling strip mall has outlets for Aldo, Calvin Klein, Puma, Nike, la Vie en Rose and more.

Jeans Jeans Jeans
5575 Casgrain, jeansjeansjeans.ca
Cheap-ass denim, brand names, tailoring on-site.

Taz Basement
9120 Parc, tazbasement.com
Liquidation-priced brand-name jeans and loads more.

GOODWILL

Fripe-Prix Renaissance
Various locations including 7250 St-Laurent, 6960 St-Hubert, 6700 Côte-des-Neiges, renaissancequebec.ca

Le Magasin du Chaînon
4375 St-Laurent, lechainon.org/fr/magasin

Salvation Army Thrift Store
Various locations including 1620 Notre-Dame W., 7066 St-Hubert, 4025 Wellington, salvationarmy.ca/quebec/home/locations/montreal/

Village des Valeurs (aka Value Village)
Various locations including 4912 Jean-Talon W., 2033 Pie-IX, villagedesvaleurs.com

WINTER

New to this climate? There's been global warming, but the deep freeze, snow squalls, skating-rink sidewalks and slush rivers will still shock the system. Get ready with your boots, hats, gloves, scarves and coats.

Le 103 Chaussures
103 Mont-Royal E., mont-royal.net/commerces/mode-et-accessoires/le-103
Liquidation location of brand name boots.

Brador Hiver
350 Louvain W., bradorhiver.com/en
Discount winter clothes, open seasonally. Currently open by appointment only. See their website or drop them a phone call directly for more details.

Kanuk
485 Rachel E., kanuk.com
It's not cheap, but it's a quality Queb alternative to the ubiquitous Canada Goose jacket from Toronto.

Icebreaker Merino
1515 #1 Ste-Catherine W., icebreaker.com
Get yourself a merino wool base layer and thank us later.

Simons
977 Ste-Catherine W., simons.ca
This Quebec-based department store chain sells well-priced coats and other insulating accessories.

furniture

NEW

Ikea
9191 Cavendish, ikea.com/ca/en/stores/montreal/

The Brick
8701 Acadie, thebrick.com
Various locations including the clearance centre.

Jysk
950 le Corbusier, 1160 Desserte W., jysk.ca
The Danish Ikea wannabe. Various off-island locations including these two in Laval.

SECOND-HAND

Le Magasin du Chaînon
(see Clothing/ Goodwill)

Marché aux Puces St-Michel
3250 Crémazie E., facebook.com/pages/Marché-Aux-Puces-St-Michel/265813333495252

Fripe-Prix Renaissance
(see Clothing/Goodwill)

Village des Valeurs
(see Clothing/Goodwill)

Salvation Army Thrift Store
(see Clothing/Goodwill)

APPLIANCES

Almar
5400 Decarie almarappliance.com
Family-owned, discount prices.

Brault & Martineau
Various locations including 6700 Jean Talon E., 7272 Newman, braultetmartineau.com/en

Corbeil Électroménagers
various locations including 4646-A Parc, 9570 Acadie, and 6725 Jean-Talon E., corbeilelectro.com

The Brick
8701 Acadie, thebrick.com
Various locations including the clearance centre.

books

ACADEMIC

Concordia Bookstore
1400 de Maisonneuve W. / 7141 Sherbrooke W. (CJ Building), stores.concordia.ca
The Book Stop is encouraging students to order materials online and have them delivered to their home, although In-person pickup of web orders is also possible. For any questions contact bookstore@concordia.ca.

Concordia Community Solidarity Co-op Bookstore
2150 Bishop, co-opbookstore.ca
Con U's alternative to the for-profit campus bookstore, featuring an extensive selection of gender-and sex-studies titles. Due to COVID-19, the Concordia Community Solidarity Co-op Bookstore has transferred its services online and the Co-op is not currently accepting walk-in clients.

Le James – McGill Bookstore
680 Sherbrooke W., lejames.ca
Course materials, textbooks and general interest books are available at this newly opened location. Shop in-person or order online for pickup.

NEW

Argo
1915 Ste-Catherine W., argobookshop.ca

Indigo
1500 McGill College, chapters.indigo.ca

Paragraphe
2220 McGill College, paragraphbooks.com

Drawn & Quarterly
211 & 176 Bernard W., mtl.drawnandquarterly.com

USED

Cheap Thrills
2044 Metcalfe, 2nd floor, cheapthrills.ca
Though mainly a music store, you'll find a wide variety of titles here, including a large selection of books about music.

Encore
5670 Sherbrooke W., encorebooks.ca
Books, music and movies in NDG. They also buy-- check out their website for more info.

S.W. Welch
225 St-Viateur W., facebook.com/SWWelch-Bookseller-283426633094
A well-curated collection of literature, comic books and more.

T. Westcott Books
6792 St-Hubert
A Plateau shop stacked floor to ceiling with books and friendly resident cats.

The Word
469 Milton, wordbookstore.ca
Used textbooks, theory and a great selection of literature. Don't miss the dollar books on the window on your way in, or try out a bargain book box if you're feeling adventurous.

COMICS, GRAPHIC NOVELS + ZINES

Drawn & Quarterly

211 & 176 Bernard W., mtl.drawnandquarterly.com
(see Books/New)

Capitaine Québec

1837D Ste-Catherine W., facebook.com/Capitaine-Québec-102742346474270

Crossover Comics

3560 Notre-Dame W., crossovercomics.ca

Librairie Z

3420 Ontario E., librairiezbookstore.com/en/

1,000,000 Comix

3868 Jean Talon E., facebook.com/1000000comixmtl

Komico

4960 Decarie, stores.komico.net

Millenium Comics

451 Marie-Anne E., facebook.com/millenium.comics.1

SPECIALTY BOOKS

Artex

2 Ste-Catherine E. #301, artex.ca
Contemporary arts bookstore with a gallery dedicated to print culture and visual arts documentation.

Canadian Centre for Architecture (CCA)

Bookstore 1920 Baile, cca.qc.ca/en/visit
The hub for books on photography, urban and industrial design and art.

MAGAZINES + NEWSPAPERS

Multimag

Various locations including 370 Laurier W. / 825 Mont-Royal E. / 6889 St-Laurent / 5508 Monkland

music

VINYL & CDS

Archambault

various locations including 510 Ste-Catherine E., archambault.ca
Sells new CDs, instruments, books, and some vinyl.

Atom Heart

364 Sherbrooke E., atomheart.ca
Near UQAM, these alt specialists sell new vinyl and CDs.

Aux 33 Tours

1373 Mont-Royal E., aux33tours.com
Huge stock of new and reissued vinyl in store (Thursday through Sunday) and online.

BBAM Gallery

808 Atwater, bbamgallery.com
This multipurpose space across from Lionel Groulx metro stocks lots of vintage jazz vinyl, as well as blues, rock, soundtracks, folk and more.

Beatnick

3770 St-Denis, beatnickmusic.com
Used and new vinyl, including lots of soul and some serious collectors' items.

Cheap Thrills

2044 Metcalfe, cheapthrills.ca
McGill-adjacent spot that sells new and used vinyl as well as books, magazines, movies and concert tickets. (see Books/Used)

Death of Vinyl

6442 St-Laurent, deathofvinyl.com
Vast crates to dig through in Little Italy.

L'Échange

713 Mont-Royal E., librairielechange.com
Used CDs and vinyl, as well as used blu-rays, DVDs and French books.

L'Oblique

4333 Rivard, facebook.com/Boutiqueoblique
Indie/alt specialists who sell vinyl, CDs & concert tickets, right near Mont-Royal metro.

Phonopolis

207 Bernard W., phonopolis.ca
Your Mile End destination for new and used vinyl and CDs.

Sonorama

260 Bernard W., sonoramadisques.com
Used new wave, pop/rock, jazz, funk, old-school hip hop and more.

Sonik

4050 Berri, facebook.com/Sonik-Re-cords-186553604713275
Alt, punk and indie specialists in the Plateau.

Sound Central

4486 Coloniale, soundcentralstore.com
Plateau go-to for heavy music in all formats, with concert tickets and band merch, too.

180g

5866 Lorimier, facebook.com/le180g/
Friendly Petite-Patrie café with small but mighty selection of new and used records, plus events like open DJ loop sessions.

INSTRUMENTS + GEAR

Archambault

Multiple locations including 510 Ste-Catherine E., archambault.ca

Drum Bazar

185 Louvain W., local 300B, drumbazar.net

Diplomate Musique

311 Beaubien E., musiquediplomate.com

Long & McQuade

10715 Pie-IX, long-mcquade.com

MOOG Audio

3828 St-Laurent, moogaudio.com
Also rents sound systems and DJ gear for parties.

Steve's Music

150 Ste-Catherine St. E., stevesmusic.com

Studio Economik

215 St-Augustin, economik.com
Pro-audio and studio gear for purchase or rent. Staff are on hand for any inquiries at info@economik.com.

LIBRAIRIE DRAWN & QUARTERLY

OPEN EVERY DAY. 176 & 211 BERNARD. MILE END

SHIPPING CANADA-WIDE

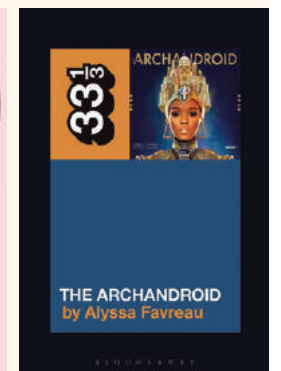
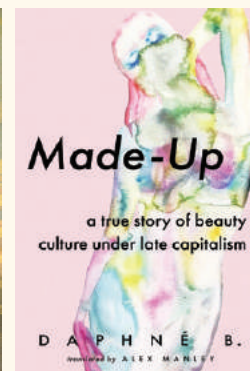
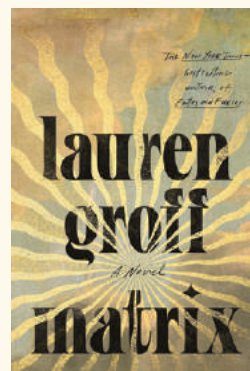
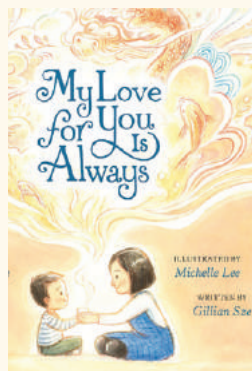
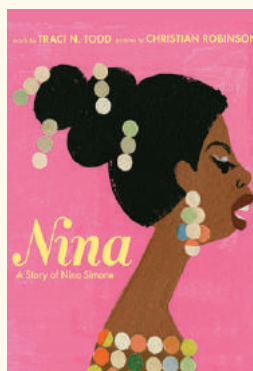
DELIVERIES BY BIKE IN MONTREAL

IN-STORE BROWSING

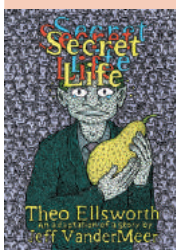
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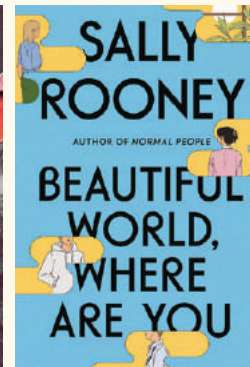
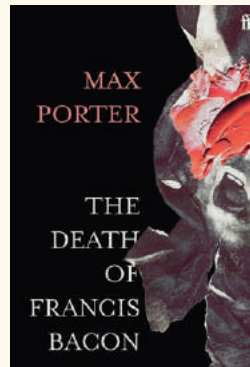
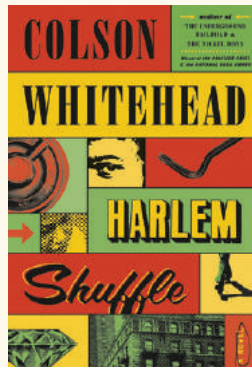
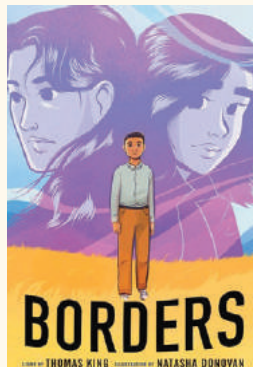
SEPTEMBER 26,
SUNDAY | 12 PM
at PARC ST-VIAEUR
Kids Pop: A Picnic in the Sun
with Clarel, Geneviève
Toupin & Jérôme Minière



VIRTUAL LAUNCH



SEPTEMBER 30,
THURSDAY | 7 PM
Theo Ellsworth &
Jeff VanderMeer
launch Secret Life



ORDER ONLINE AT [MTL.DRAWNANDQUARTERLY.COM](https://mtl.drawnandquarterly.com)

maintenance

SPA + BEAUTY

There are tons of salon, spa and beauty options around town. These spots are all currently open to the public and have gone to great lengths to ensure the safety of staff and clients with reduced client capacities, enhanced hygienic protocols and mandatory masks for clients and staff. Certain establishments may have particular health-related requirements, and most are by appointment only, so be sure to inquire ahead with each business for the most up-to-date information. Note that the VaxiCode vaccine passport is not required at spa, massage and beauty establishments.

Bota Bota Berge des Coursiers (a waterfront park at McGill and de la Commune W.), botabota.ca
Chi-chi Nordic spa on a boat in the Old Port. Gorgeous view included.

Candy Nail Bar
6218 St-Hubert, candynailbar.com
Specializing in 3D Japanese-style nail art. By appointment only.

Dee's Beauty Salon
Several locations including 1014 Jean-Talon W., dees-beauty.com
Esthetic services offered at 20th century prices, including threading (eyebrows \$6) and waxing (Brazilian \$20). Walk-in only.

Scandinave Spa
71 de la Commune W., scandinavie.com/en/montreal/
A beautifully designed spa environment that uses ancient Scandinavian traditions of hydrotherapy baths, sauna and massage, which you can access for as little as \$60.

Spa Diva
1455 Peel, 4th floor, spadiva.ca
Face, skin, muscle and nail care, conveniently connected to Peel metro.

HAIR

Guys have plenty of barber options, of both the old- and new-school variety: from the mega-cheap Chinatown barber Hair Salon Toc on St-Laurent near de la Gauchetière, to high-end St-Henri barbershop Notorious, to mom and pop salons for men and women that dot the city. For women, here are two cheap options we can vouch for. Masks are of course mandatory, but VaxiCode is not required. Note that individual businesses may have additional health and safety protocols to abide by and almost all barbershops and salons are open for appointment only at this point, so be sure to check in with a business before hitting them up.

Tonic Salon Spa & Academy Aveda
3613 St-Laurent, avedamontreal-lifestyle.com
\$35–\$90 for a cut by a “Young Professional.”

Haircuts for Anyone
390 St-Zotique E., haircutsforanyone.com
Queer- and trans-positive space offering cuts on a sliding scale from \$30–\$70. By appointment only

MASSAGE

Some schools offer cheap massages as part of their sports therapy clinics, but there are off-campus options. Be warned, though, that there is still a thriving business for that OTHER kind of massage, so make sure a place is legit before you book — unless, of course, you're interested in a happy ending, and you're a guy. (We've found that women can't get a friendly fingering from the rub 'n' tugs.)

Note: All the massage businesses on our list are currently operational but be sure to schedule an appointment before you visit as most aren't accommodating walk-ins. Masks are mandatory but VaxiCode is not.

Espace Nomad
4660 St-Laurent, espacenomad.ca

Lanna Thai Massage
5365A Parc, massagelannathai.com

Lotus Palm
5244 St-Urbain, lotuspalm.com

Rainspa
55 St-Jacques, 3rd floor, rainspa.ca

Scandinave Spa
71 de la Commune W. scandinavie.com/en/

PETCARE

According to the current city by-law, when outdoors, a dog must be kept on a leash no longer than 1.85m at all times. If it weighs 20kg or more, dogs (and pigs) must also wear a head halter or harness attached to a leash. For a list of all pet owner obligations and requirements as well as pet permits, head to ville.montreal.qc.ca/animals.

There are innumerable vets and pet food options in this city, but here are some city-run and specialized services you should know about.

Animalerie Little Bear
4152 Ste-Catherine W., littlebearonline.com
Food and other stuff for cat and dog owners. Delivery available.

Berger Blanc
9825 Henri-Bourassa E., bergerblanc.com
Municipal pound, and a good place to call if you're looking for a lost pet. They also perform the city's euthanasia services. They post some images of adoptable pets online, but it's better to go in person. Be sure to contact Berger Blanc directly for updates on when these services will resume. Note: This is a kill shelter. If you have no choice but to relinquish your pet, we recommend against leaving him/her here.

Chaton Santé
1052 Bernard, veterinairechaton.com
Vet clinic exclusively for cats, convenient to Mile End and Mile Ex neighbourhoods.

Hôpital Vétérinaire du Nord
9988 Lajeunesse passionimo.ca/en/trouvez-un-etablissement/du-nord-veterinary-hospital-inc/
Makes house calls.

The Pussie Patrol Cat Rescue
pussiepatrolcatrescue.com
Volunteer-run org that spays and neuters strays, provides insulated shelters, socializes and fosters kittens, and assists with rehoming kittens and adult cats in need.

SPCA
5215 Jean-Talon W., spca.com/en/
Emergency and care service for lost animals. There is a death row for pets here, so it's a humane choice if you're looking to adopt/rescue a pet. Offers a free Trap-Neuter-Release program for feral cats to some municipalities.

fitness

The city's school gyms are still operating at reduced capacity due to COVID-19, but there are still plenty of options in town for keeping fit. To stay active without paying lots of fees, the city also offers access to many sporting facilities and leisure activities for free. Note that the Quebec government's vaccine passport app VaxiCode is required for entry at all gyms and sports facilities, whether indoor or outdoor.

GOVERNMENT-RUN

City sports and recreation Info line
dial 311 ville.montreal.qc.ca/portal/page?_pageid=5977,86829574&_dad=portal&_schema=PORTAL

Neighbourhood arenas and swimming pools have reopened to the public, but operate at strange hours even under normal circumstances. For up-to-date information, be sure to check out the city's website above. Note that the Accès Montréal card gets you discounts or free use of public tennis courts, soccer and baseball fields, over 100 skating rinks, 66 kilometres of alpine skiing trails, snowshoeing lessons and swimming pools. Find out how to get one via the city website above.

Route Verte
routeverte.com
Quebec's largest network of cycling paths, criss-crossing over 4,000 kilometres of the province and much of the city. Their website is perfect for planning your trip and also features a newly produced code of conduct for cycling during a pandemic featuring plenty of tips for “these uncertain times.” Note: the code is currently only available in French.

WINTER

The Atrium
1000 de la Gauchetière W., le1000.com/en/skate
A 10,000-square foot indoor skating rink with cheap skate rentals, which also plays host to frequent skating parties with DJs. The rink has reopened for individual reservations, but at the time of this writing, group reservations and parties are not available. Check the website or give them a call at 514-395-0555 for up-to-date info or to make a reservation.

Beaver Lake
lemontroyal.qc.ca
Winter activities on and around this Mount Royal lake include sledding, cross-country skiing, skating, snowshoeing and more, (weather permitting). The 11 bus running west on Mont-Royal Avenue will get you there.

Tobogganing
Doesn't get any cheaper than that. A perennial winter favourite is the slope at Parc and Mont-Royal. Buy a crazy carpet or use a makeshift DIY one.

Ice Skating
ville.montreal.qc.ca/portal/page?_pageid=5977,94954214&_dad=portal&_schema=PORTAL
There are dozens of free, city-maintained outdoor skating rinks all over the city, including many that are devoted to playing pick-up hockey games.

YOGA AND GYMS

Myriad types of yoga studios and gyms have reopened across the island after having temporarily closed due to COVID-19, but many continue to offer live classes and personal training via Zoom and other teleconferencing services. More than ever, there are plenty of outdoor options, too (weather permitting, of course). Note that many studios give freebies in exchange for volunteer work. Be aware that some studios and gyms are still appointment only and masks are mandatory for all interior spaces (with the exception of some private training sessions.) It's a good idea to reach out to businesses individually before showing to learn about their particular COVID-19 protocols.

Ashtanga Yoga
372 Ste-Catherine W. #118, ashtangamontreal.com

Bikram Yoga Montreal
721 Walker / 435 Laurier E., yogachaudmtl.com/en/
Very hot yoga in the Plateau. Currently closed as per government directive, but planning to reopen in late October.

Equilibrium Yoga Montreal
4812 St-Laurent #101, equilibriumyoga.ca
Kundalini, yin, and meditation. Many live-streamed classes.

Modo
3863 St-Laurent #205, 4260 Girouard #300, modoyoga.com
Hot yoga in the Plateau and NDG, offering a variety of memberships for indoor, outdoor or virtual classes.

Naada
5540 Casgrain, naada.ca

LIVE... Spectacular Movie Music

FILMHarmonic Orchestra
35 musicians on stage
Francis Choinière, conductor



Maison symphonique
Saturday, October 2
4 pm and 7:30 pm

Place des Arts Box office
514 842.2112 placedesarts.com



YMCA

Various locations, including 4335 Hampton, 5550 Parc, ymcaquebec.org
With numerous locations, no joining fees for students, special deals, free activities and daily swim sessions open to the community, the Y offers something for almost any budget. The Parc, Cartierville, West Island, and Westmount locations have already reopened. The NDG location plans to resume fitness activities in September. Unfortunately, the Downtown Y is not planning to reopen in 2021.

TEAM SPORTS

Sign up to play intramural team sports like soccer, basketball, volleyball and more through recreational leagues organized by Club Montréal Sport & Social (CMSS). Individuals, small groups and full teams are invited to register at any time. clubmontreal.ca

TENNIS

Find partners, take lessons and book courts through Tennis Montreal. tennismontreal.qc.ca

SKATEBOARDING

As a mode of transport, skateboards might be more popular than ever in Montreal, but the city doesn't boast the caliber of public parks that many other North American metropolitan areas do. Still, there are hit-and-miss outdoor options around the island — find more information here: https://montreal.ca/en/places?mtl_content.lieux.installation.code=SKAT

Legal Outdoor Skateparks

Vans Skatepark in the Olympic Park Esplanade (900 section near Sherbrooke Street; novice skatepark located in 800 section)

Peace Park

St-Laurent just north of René-Levesque

Project 45 DIY

Adjacent to the Taz, 8931 Papineau

Verdun skate park at Arthur-Therrien Park

3750 Gaétan-Laberge

Viaduc Van Horne

5855 St-Laurent

Jarry Park skate park

At St-Laurent and Jarry

Indoor skateparks

These come in handy during the winter, as long as you don't mind paying to play.

Taz

8931 Papineau, taz.ca

Indoor skatepark for BMxers and skaters with numerous ramps. Taz is currently running with the regular battery of COVID-19 measures, including booking ahead, mandatory face coverings on the premises, a social distance of two metres if at all possible and a maximum capacity of 100 people.

Spin Skatepark/Skateshop

9520 Leduc #05 (Brossard) spinskatepark.com

Spin Skatepark is a South Shore mainstay located in Brossard's Dix30.

As with all enclosed public spaces in Montreal, it is currently mandatory to wear a face covering within the Spin Skatepark and to respect social distancing of. Skate sessions must be booked in advance, which you can do through their website.

entertainment art

The newly introduced vaccine passport app VaxiCode is required to access almost all of the venues in this section — museums being the notable exception.

GALLERIES + MUSEUMS

Canadian Centre for Architecture (CCA)

1920 Baile cca.qc.ca

MAC (Musée d'art contemporain)

185 Ste-Catherine W. macm.org

McCord Museum

690 Sherbrooke W. musee-mccord.qc.ca/en/

Museum of Fine Arts

1380 Sherbrooke W. mbam.qc.ca

Pointe à Callière

350 Place Royale pacmusee.qc.ca/en/

Arsenal / Division Gallery

2020 William arsenalmontreal.com

BBAM Gallery

808 Atwater bbamgallery.com

Bradley Ertaskiran Gallery

3550 St-Antoine W. bradleyertaskiran.com/en/

Eastern Bloc

7240 Clark easternbloc.ca

Fondation PHI / PHI Centre (multidisciplinary/ multimedia space)

315 St-Paul phi-centre.com / 451 St-Jean, fondation-phi.org



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pour 99 \$**

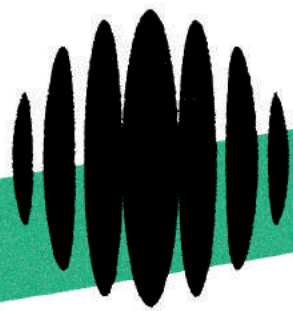
jusqu'au 30 septembre, obtenez 2 mois
supplémentaires à l'achat d'un abonnement étudiant

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cinematheque.qc.ca

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cinematheque.qc.ca
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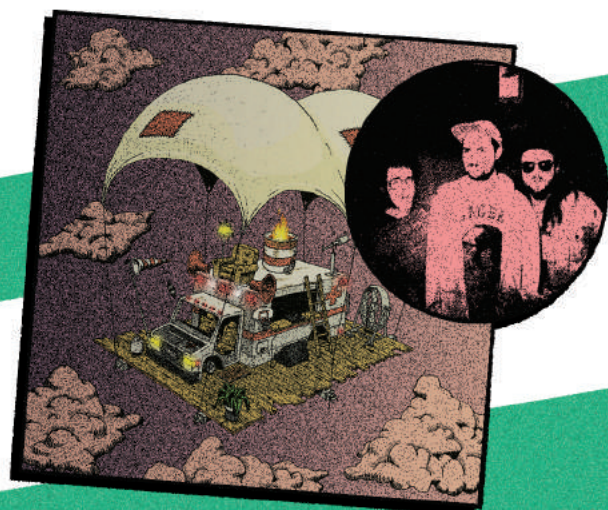
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PINK DOGS ON THE GREEN GRASS



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BARS, CLUBS AND LIVE MUSIC

For a list of Montreal’s favourite bars and clubs, see the nightlife section of our Best of MTL readers poll.

Though government regulations currently prohibit dancing, there are some bars, clubs and venues hosting live music and DJ nights, and operating as bars. Here’s a brief newbie guide to Montreal nightlife.

Bars, taverns and pubs can be found all over the island, with concentrations in the broad downtown area, from Atwater to Papineau, René-Levesque to Sherbrooke.

Crescent Street, located between the Concordia and McGill downtown campuses, is a good place for student bars and pubs (especially below Ste-Catherine — Bishop below Ste-Catherine is pretty solid, too), but be aware that the nightclubs and sprawling, multi-floor bars on that street tend to have a very mainstream, meat-market vibe.

St-Laurent Boulevard (and many of its side streets, one or two blocks to the east and west) is a long and diverse nightlife playground full of activity between Milton and Beaubien, though it gets a little sparse north of Mont-Royal Avenue.

MUSIC HOTSPOTS
OPEN AND CLOSED

OPEN

Le Belmont
4483 St-Laurent
A Plateau nightclub complex.

Datcha
98 Laurier E.
Mile End’s cozy black box nightclub,

L’Escogriffe
4461 St-Denis
The Plateau destination for live punk, indie and other underground music.

Le Ministère
4521 St-Laurent
A small live music venue in the Plateau with stately columns out front.

MTelus
59 Ste-Catherine E.
A downtown concert hall with a capacity of 2,500 (under normal circumstances).

Théâtre Corona
2490 Notre-Dame W.
Little Burgundy’s concert hall.

Théâtre Fairmount
5240 Parc
A black box concert space in Mile End.

Turbo Haüs
2040 St-Denis
Punk-oriented concert space and bar with a great big outdoor terrasse.

CLOSED (TEMPORARILY)

Bar le Ritz PDB
Cabaret Berlin (weekend virtual dance parties on Twitch)

Casa del Popolo / La Sala Rossa / Sotterenea

SELECT BARS

L’Annexe St-Ambroise
5080 St-Ambroise
Old-school pub in deepest St-Henri, with a beautiful terrasse on the banks of the Lachine Canal.

Atwater Cocktail Club
512 Atwater
Located in the back alley behind Foiegwa.

Bar Verdun Beach
4816 Wellington
A Verdun wine bar and restaurant that serves sharing plates, cocktails and interesting beers, too.

Burgundy Lion
2496 Notre-Dame W.
One of Montreal’s few English (not Irish) pubs, with great grub and soccer-game screenings.

Darling
4328 St-Laurent
This spacious café (and weekend brunch spot) by day morphs into trendy but casual wine and cocktail bar after dark.

La Distillerie
Various locations
A local chain of cocktail bars with locations in the Plateau and Rosemont. The flagship spot on Ontario is finally due to reopen sometime this fall.

Foufounes Electriques
87 Ste-Catherine E.
Sprawling legacy alt bar with multiple terrasses, haunted by Montreal’s finest punk rock ghosts.

Milky Way
Groupe Barroco’s bar in Pointe St-Charles is a neon paradise with fine cocktail and snacks, including the option to eat pizza from neighboring affiliated pizzeria Fugazzi.

Pamplemousse
1579 St-Laurent
Quartier Latin brewpub with wood-fired snacks.

Snowbird
6388 St-Hubert
A dark, decked out and intimate Tiki bar in Plaza St-Hubert, with an equally embellished private terrasse. Excellent cocktails, dumplings and sandwiches, too.

Taverne Cobra
6584 St-Laurent
A Little Italy bar with kitsch-culture decor that often screens big TV events.

A note: The Quartier des Spectacles is what the city calls the area between Jeanne-Mance and St-Laurent, Ste-Catherine and Président-Kennedy, the site of free and ticketed shows festivals like Montreal Highlights, the Jazz Fest, FrancoFolies and Nuits d’Afrique.

LGBT CULTURE + NIGHTLIFE

Bad Boy Club Montreal
bbcm.org
Promotes major annual parties Black & Blue (happening Oct. 10 this year) and Bal en Blanc.

Diffusions Gaies et lesbiennes du Québec
image-nation.org
Runs the annual Image+Nation LGBTQ2 film festival, to be held online and in-person in October.

Équipe Montréal
equipe-montreal.com
Coalition group for gay and lesbian sports associations, with over 1,000 members.

Fierté Montreal Pride
fiertemontrealpride.com
Runs the annual Pride festivities in August, culminating in the Pride Parade.

Fugues
fugues.com
A free publication for the LGBTQ2 community, including a guide to gay establishments, available all over the Village and beyond.

Pervers Cité
Runs alternative, political Pride activities.

Sky
1474 Ste-Catherine E., complexesky.com

Unity
1171 Ste-Catherine E., clubunitymontreal.com
These are the big gay nightclubs of the Village.

movies

In addition to mainstream, art house and repertory cinemas, Montreal is home to a plethora of film festivals and special events. Check out reviews of new films, coverage of festivals as they’re happening and recommended one-off screenings at cultmtl.com.

FIRST-RUN

Ciné Starz
6700 Côte-des-Neiges, cinestarz-cote-des-neiges
You can’t argue with \$5 ticket prices (and arguably the best movie theatre popcorn in the city).

Cinéma Banque Scotia
977 Ste-Catherine W., cineplex.com

Cineplex Forum Cinemas
2313 Ste-Catherine W., cineplex.com

Cinémas Guzzo
Various locations (mostly suburban) including 901 Crémazie W., cinemasguzzo.com

ARTHOUSE, REPERTORY & MORE

Cinéma l’Amour
4015 St-Laurent, cinemalamour.com
The last porno theatre standing, in an old vaudeville hall.

Cinéma du Parc
3575 Parc, cinemaduparc.com

Cinéma Moderne
5150 St-Laurent, cinemamoderne.com

Cinémathèque québécoise
335 de Maisonneuve E., cinematheque.qc.ca

Dollar Cinema
6900 Decarie (Decarie Square Mall), dollarcinema.ca
Second-run and occasional art house films, for the best prices (\$2.50–\$5) in town.

STAGE

There’s a vibrant performance art scene in Montreal, though many of the theatre spaces stage French-language material, as well as dance. The venues within Place des Arts are where you can normally see big, Broadway-level productions, and while a handful of underground comedy nights happen weekly at bars, cafés and lofts, here’s where you’ll find anglo drama, stand-up and other stage performances on any given night.

COMEDY AND BURLESQUE

The Comedy Nest
2313 Ste-Catherine W., comedynest.com
Shows are happening with limited seating to allow for physical distancing.

The Wiggle Room
3874 St-Laurent, wiggleroom.ca
The city’s only showroom dedicated almost exclusively to burlesque, with comedy events, too.

ENGLISH THEATRE

La Chapelle
3700 St-Dominique
An ambitious 2020-21 season of French- and English-language productions begins on Sept. 8.

Centaur Theatre
453 St-François Xavier, centaurtheatre.com
The Old Montreal anglo theatre mainstay remains closed but promises some activity in the fall.

MAI
3680 Jeanne-Mance, m-a-i.qc.ca/en/
Art exhibitions, dance and theatre shows

Segal Centre
5170 Côte-Ste-Catherine, segalcentre.org
Though the Segal is currently closed, productions are planned for September and December. Check the website for updates.

MULTIPURPOSE

Diving Bell Social Club
3956C St-Laurent
An intimate third floor space for concerts, stand-up comedy and other events.

Jardin Royalmount
8187 Royden
Weather permitting, this sprawling outdoor space has been hosting everything from weddings to comedy shows to dance parties to drive-in movies during the past two pandemic summers.

PHI Centre
315 St-Paul
Multimedia, live art, live music, DJs, Virtual Reality (or all of the above at one of their Nuit Blanche parties), this modern Old Montreal art complex covers a lot of creative bases.

Place des Arts
175 Ste-Catherine W.
The grand downtown venue for everything from opera to Just for Laughs comedy galas to fancy rock shows.

SAT
1201 St-Laurent
Spaces for music, film, multimedia and beyond on two floors, including the trippy Satosphère.

health care

COVID-19 INFORMATION

santemontreal.qc.ca/en/public/coronavirus-covid-19/
The city's portal for the most authoritative and up-to-date information on COVID-19, including information on the broad situation in the city, current protocols and restrictions, a list of testing and vaccination sites, preventative measures and more.

HOTLINES

Because 911 is not the only number to call.

Info Santé
Call 811 to talk to a nurse 24/7.

COVID-19 hotline
514-644-4545 and 1-877-644-4545 (toll free) quebec.ca/en/health/health-issues/a-z/2019-coronavirus
Monday—Friday between 8 a.m. and 6 p.m and Saturday and Sunday, between 8:30 a.m. and 4:30 p.m. A city-run hotline that you can call if you're worried about COVID-19 or if you have flu-like symptoms or gastroenteritis symptoms. The provincial website provides week-day updates on cases, links for testing and vaccination, and current measures in effect by region.

Quebec Poison Control Centre
1-800-463-5060
Available 24 hours a day.

Information and Referral Centre of Greater Montreal
514-527-1375 info-reference.qc.ca
For more information about health services, addiction resources, government benefits and other social services.

Accès Montréal
Call 311 for city info, to make a municipal service request or file a complaint, during business hours, seven days a week.

HEALTH INSURANCE

For students, the campus Student Health Services clinics offer you access to immunization, appointments with doctors and nurses, STI testing and the like. Another option is CLSCs — provincially run community health clinics accessible to Quebec residents with health cards.

Obtaining a health card is worth the effort if you're eligible, as they enable you to access hospitals, CLSCs and other public clinics and the provincially subsidized prescription drug plan (which pays half of most prescriptions). It's also a widely accepted form of ID. To get one, register by providing proof of Quebec residency or a Quebec birth certificate, and if you're from out of province, revoke your access to the health coverage of your home province. See the guidelines for eligibility and how to acquire a card here: www.ramq.gouv.qc.ca/en/citizens/health-insurance/registration/Pages/eligibility.aspx

For Canadian citizens and those covered by health plans from out of province, most emergency rooms will treat patients without charging cash, although the wait can be long. Many private clinics demand that you pay up.

CLSCS

Most CLSC clinics are open from 8 a.m. to 8 p.m. and offer a wide range of medical services, although in light of COVID-19 their drop-in hours may vary, and certain services have been reduced or temporarily paused as the city's health infrastructure deals with the pandemic. It's always a good idea to call ahead before visiting any of these CLSCs. Some CLSCs require proof of residence in the borough, while others

EMPLOYMENT

- + Employment counselling
- + Professional development workshops
- + CV writing & mock interviews
- + French For The Workforce

ENTREPRENEURSHIP

- + Business workshops
- + Access to financing
- + Business coaching services
- + Legal & Accounting Clinics

ARTS

- + Artist coaching services
- + Business skills workshops
- + Mentorship
- + Grants & loans information

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*To access the entrepreneurship and artist programs, an annual service fee of \$30 applies at registration. Then you can access free one-on-one coaching, Business Bootcamps, as well as legal information and accounting clinics for a year!



yesmontreal.ca
514-878-9788

have daily caps on the number of patients they'll see.

Search all CLSC addresses and phone numbers here: sante.gouv.qc.ca/en/repertoire-ressources/clsc/

CLINICS

Head & Hands

3465 Benny, 514-481-0277 headandhands.ca
Provides social and legal services to youths between the ages of 12 and 25, and operates a medical clinic for those with or without insurance. Due to COVID-19, they are no longer operating a drop-in clinic. Appointments can be made by phone or online.

Medico Centre Mont Royal

4689 Papineau, 514-521-5555
medicocentremontroyal.ca/contact
Clinic offering consultations by phone or online. Book an appointment the night before by phone or through Bonjour Santé.

DENTISTRY

McGill University McCall Dental Clinic

2001 752 Sherbrooke W., 514-398-3155, mcgill.ca/dentistry/patients
McGill operates an Undergraduate Teaching Clinic, with very budget prices, but only by application. While it doesn't offer the budget prices of the Teaching Clinic, the Student and Staff Dental Clinic is open to the public.

PSYCHIATRIC

Being a student is a great way to have a nervous breakdown. Relax — it happens. Many universities offer counselling services, like Concordia's Counselling and Psychological Services or McGill's Student Wellness Hub. These institutions continue to offer remote services via phone, video conferencing and email. McGill's Student Wellness Hub is also offering some in-person appointments at the Downtown campus. Check out concordia.ca/students/counselling.html or mcgill.ca/studentsservices/mental-health-resources respectively for more information. (Student ID logins are required.)

Argyle Institute

4150 Ste-Catherine W. #328, 514-931-5629 argyleinstitute.org
To seek help outside of school, the Argyle Institute offers the services of psychologists and psychotherapists on a sliding scale, by application. They're currently offering a range of remote psychiatric services via phone, video conferencing or email.

PREGNANCY TESTING AND COUNSELLING

If you don't want to get pregnant, get an IUD, use the pill and/or condoms — right? Right. If going in for an appointment at any of these services, note that wearing a face-covering will be mandatory at all times.

Clinique Médicale Fémina

1265 Berri, #430, 514-843-7904, clinique-femina.com
A pro-choice space with gynecological, contraception and STI testing services. Currently open primarily for abortion services and IUD insertion. General gynecology consultations and appointments at the clinic are available, but are limited to cases that have been previously evaluated by telephone consultation.

Fédération du Québec pour le Planning des Naissances

469 Jean-Talon W. #335, 514-866-3721, fqpn.qc.ca
Resources and advocacy on women's reproductive choices.

Grossesse-Secours

79 Beaubien E., 514-271-0554, grossesse-secours.org
Hotline for information about pregnancy and contraception, as well as prenatal care. Offers services for pregnant women and those with newborns, including cheap pregnancy tests. Recently reopened and currently operating by appointment only.

Head & Hands

3465 Benny, 514-481-0277, headandhands.ca
Provides pro-choice, sex-positive and queer-and-trans-friendly medical, social and legal services to youths between the ages of 12 and 25, including abortion consultation. Currently operating by appointment only.

Morgentaler Clinic

8560 St-Hubert, 1-888-401-4844, montrealmorgentaler.ca
Call or email for appointments to terminate unwanted pregnancies, covered by Quebec medicare for RAMQ cardholders. The clinic is currently open by appointment only. Don't forget to bring and wear a face covering at all times when heading in for an appointment and check out their website for a full list of COVID-19 protocols they are currently enforcing.

Also note that three Montreal CLSCs have special sexual/reproductive health divisions: CLSC Métro (1801 de Maisonneuve W.), CLSC de Parc-Extension (7085 Hutchison) and CLSC Côte-des-Neiges (5700 Côte-des-Neiges). Certain CLSCs have suspended or reduced certain services due to COVID-19. Be sure to contact CLSCs individually for exact details.

PREGNANCY + PARENTING

Centre des Femmes de Montréal

3585 St-Urbain, 514-842-4780, centredesfemmes-demtl.org/
For over 40 years, this centre has provided services for mothers-to-be and new mothers, free clothes and food for women in financial need and other support.

Elizabeth House

514-482-2488, maisonelizabethhouse.com
Residential placement and external services for pregnant teens and young parents in need of support, including help on returning home or finding a new place to live. By referral only.

Head & Hands Young Parents Program

3465 Benny, headandhands.ca/programs-services/young-parents-program
The service meets every Wednesday and Friday from 12 to 3:30 and provides baby clothing, furniture and toy exchange for new moms and dads under 25. The service also provides a free hot lunch at the beginning of each day. Currently, the service is only offering phone support, but contact Allyson at 514-481-0277, or email her at ypp_pjp@headandhands.ca for up-to-date info and updates on when full services may resume.

Montreal Diet Dispensary

2182 Lincoln, 514-937-5375, dispensaire.ca
Offers nutritional counselling, breastfeeding information and food baskets to pregnant women, mainly those with low incomes. Despite COVID-19 the Montreal Diet Dispensary is still going strong with only a slightly adjusted schedule. Be sure to contact them directly for more details.

Parent Help Line

1-800-361-5085, ligneparents.com
An intervention and support group referral service available 24/7 for families with youths under 20 and still living at home.

services

LEGAL

Head & Hands

3465 Benny, headandhands.ca/programs-services/legal-services, legal@headandhands.ca
Advice from a legal coordinator is available for youths aged 12–25, and appointments are available (to people of all ages) during legal clinics with volunteer lawyers for suggested \$20 donations. Due to COVID-19, consultations are currently only being offered over the phone or by email.

Inform'Elle

informelle.osbl.ca, droitpourelle@informelle.osbl.ca
Information and referrals for women about divorce, alimony, mediation and other family law issues. Their physical offices are currently closed, but staff are working remotely to continue offering as many services as possible. Consult their website for up-to-date info on how to access their services.

Legal Aid

aidejuridiquedemontreal.ca
Access to free legal advice and representation for youths, low-income individuals and welfare recipients facing criminal charges.

Legal Information Clinic at McGill

680 Sherbrooke W. #150, licm.ca
Open to the general public, the clinic offers free legal information, referrals to low-cost or pro bono lawyers and other legal services by McGill law student volunteers. The clinic is currently slated to reopen mid-September. Please visit their website for the most up-to-date information.

YWCA Legal Information Clinic

1355 René-Lévesque W. #293 ydesfemmesmtl.org/en/community-services/legal-information
The clinic, accessible to women only, offers appointments for legal aid with a suggested donation of \$20 for a half-hour consultation period. Be aware, the clinic receives a large volume of calls so you may experience delays.

LGBT COUNSELLING, ADVOCACY + COMMUNITY

Seek out Queer Concordia, Queer McGill and other university groups online (and possibly in-person) for LGBT support. Here are some off-campus organizations:

AlterHéros

alterheros.com/english
Portal site for sexual diversity.

L'Astérisk

1575 Atateken lasterisk.com
Bilingual safer space for LGBTQ+ youth (14–25) to socialize and meet each other without pressure to drink alcohol or spend money. The l'Astérisk space remains closed due to COVID-19 but their website currently features a range of other activities available online.

Centre for Gender Advocacy

2110 Mackay, genderadvocacy.org
Numerous programs, workshops, resources and advocacy, as well as free and confidential counselling for those suffering from gender oppression. The centre is scheduled to reopen in early September, but be sure to refer to their website for remote services and the most up-to-date information.

The Community Centre for Gay and Lesbians of Montreal

2075 Plessis #110, ccglm.org
A space for individuals and organizations seeking information about a range of LGBT issues. The Open Book Library specializes in documentation on issues related to sexual diversity. The community centre is currently open to the public Monday to Thursday from 2–6 p.m.

Helem

montrealhelem.org/en/home/
Serving gay and lesbian Lebanese and Arabic-speaking Montrealers.

Project 10

1575 Atateken p10.qc.ca
An organization that promotes the well-being of LGBTQ+ youth (14–25). Weekly drop-in meetings have been temporarily suspended, but a majority of Project 10's services have successfully moved online and a small number of in-person appointments are available at this time. Be sure to contact Project 10 directly for more information.

Union for Gender Empowerment

3600 McTavish theuge.carrd.co/
McGill University's trans*-positive feminist service store and alt library selling PWYC alternative menstrual products, DIY ecologically responsible sex toys, and cheap contraceptives. The organization has remained extremely active and has begun offering access to many services remotely, including their co-op which now features contactless delivery and pick-up options.

ZOOM ART

SEPT. 10
• OCT. 3
2021

BGL | Manon De Pauw | Claudie Gagnon
Moridja Kitenge Banza | Véronique La Perrière M.
Manuel Mathieu | Aude Moreau
Francis O'Shaughnessy | Karine Payette
Samuel Roy-Bois | Véronique Sunatori



📍 Montmorency metro station surroundings
🌐 culture.laval.ca, under Public Art and Collection



From top to bottom and left to right: **BGL** (Jasmin Bilodeau, Sébastien Giguère and Nicolas Laverdière), *Domaine de l'angle I*, Photo: Mathieu Doyon | **Moridja Kitenge Banza**, *Authentique n°2*, Photo: Moridja Kitenge Banza and Galerie Hugues Charbonneau | **Manuel Mathieu**, *Up North n°2*, 2013, Photo: Manuel Mathieu | **Aude Moreau**, *Le Fil d'Ariane*, Photo: Aude Moreau | **Véronique Sunatori**, *Kiss Kiss, Say Goodbye*, Photo: Véronique Sunatori | **Francis O'Shaughnessy**, *Sans titre*, Photo: Francis O'Shaughnessy | **Véronique La Perrière M.**, *L'arbre se souvient*, Photo: Véronique La Perrière M. | **Karine Payette**, *Entre nous V*, Photo: Karine Payette | **Manon De Pauw** in collaboration with **Pierre-Marc Ouellette**, *Cocons somatiques*, Photo: Sara A. Tremblay | **Samuel Roy-Bois**, *Sovereign (two ladders)*, Photo: Samuel Roy-Bois | **Claudie Gagnon**, *Fille lampe*, Photo: Claudie Gagnon

DISCRIMINATION

Commission des droits de la personne et des droits de la jeunesse

360 St-Jacques 2nd floor, cdpdj.qc.ca/en
Report incidents of discrimination or sexual harassment to the Quebec Human Rights Commission. Their physical offices are currently open but it is highly recommended to phone ahead before visiting.

Groupe d'aide et d'information sur le harcèlement sexuel au travail

2231 Bélanger, gaihst.qc.ca
Support for victims of at-work sexual harassment, including assistance with filing Quebec Human Rights Commission complaints, legal and emotional support if your case goes to court, and guidance through the EI process. Monday–Friday 9 a.m.–5 p.m. Currently operating primarily online or via telephone. Be sure to reach out to learn more.

Ligue des droits et libertés

469 Jean-Talon W. #105, liguedesdroits.ca
Human rights advocacy group with support for those facing issues related to racism, social justice, immigration and international law.

MORE SUPPORT LINES + GROUPS

Many of the organizations listed below are slowly beginning to reopen their offices after closing temporarily due to COVID-19.

Concordia Students' Nightline

514-848-7787
Monday to Saturday nights: 6 p.m.—3 a.m.
An anonymous, confidential, non-judgemental listening service run by Concordia students for those in need of aid or support or just to talk.

AMI-Quebec

5800 Décarie, 514-486-1448, amiquebec.org
Support, awareness and advocacy for people living with mental illness, and their families. Offering online support groups.

Centre pour victimes d'agression sexuelle de Montréal

514-933-9007, cvasm.org
Crisis services and 24/7 sexual assault hotline in French or English. The hotline is open 24/7 toll free but you may experience slightly longer waiting times than usual. Otherwise, the organization can be contacted at the provincial level at 1-888-933-9007.

CHOC

25 Lévesque E. (Laval), 25 Lévesque E., 450-975-2462, organisme choc.com
Conjugal violence and suicide prevention as well as other services for troubled men. Offering a range of remote services in addition to in-person services by appointment only.

Face à Face

1857 Maisonneuve W. suite 100, 514-934-4546, facea-facemontreal.org
Offering counselling, active listening, self-help workshops and referrals, as well as services for the homeless. At this moment, their offices are open Wednesday to Friday, 9 a.m.–5 p.m. Be sure to reach out directly via phone or online for updates on their services.

Option

1238 St-Joseph E., 514-527-1657, optionalternative.org
Counselling, referrals and support for men and women who are violent towards their partners and families. In-person activities are slowly resuming and Option is currently accepting appointments Monday to Friday between 8 a.m. and 4 p.m.

PLURI

facebook.com/plurinitiative/, plurinitiative@gmail.com
Peace Love Unity Respect Initiative is a local nonprofit that promotes safety and inclusivity at nightlife events by training organizers and staff and providing onsite intervention as well as producing educational material. Contact them for event support or to volunteer.

Service d'aide aux conjoints

514-384-6296, serviceaideconjoints.org

Bilingual legal information and other help for men with relationship problems, including jealousy and violence, with a hotline open Mon 8:30 a.m.–9:30 p.m., Tue & Wed 9:30 a.m.–9:30 p.m., Thu 8:30 a.m.–7 p.m. and Fri 9:30 a.m.–5 p.m.

Suicide Action Montreal

1-866-277-3553, suicideactionmontreal.org
24/7 bilingual hotline offering advice, referrals and support for suicide interventions, or for those who have lost someone to suicide.

Tel-Aide

514-935-1101, telaide.org/en
Listening service, 24/7, bilingual, confidential and anonymous.

ADDICTION

Alcoholics Anonymous

514-350-3444, aamontreal.com
Helpline plus a detailed schedule of every English-language AA meeting in Montreal and surrounding areas. Regular in-person meetings are slowly returning but remote teleconferences and even outdoor meetings are also available. Be sure to reach out for up-to-date information.

Centre de Réadaptation en Répendence de Montréal

950 Louvain E., 514-385-1232 (adults), 3530 St-Urbain, 514-385-1232 (24 and under), dependancemontreal.ca/programmes-et-services/adultes
Offering a range of reintegration, detox and drop-in services for recovering addicts. All services are accessed by phone, with some provided through the CLSC.

Cocaine Anonymous

514-527-9999, toll free at 1-877-806-0581 caquebec.org/home/
Support group with regular meetings for individuals seeking recovery and continued sobriety from drug addiction. At this moment, meetings are taking place both online and in-person. Check their website for details and schedules.

Douglas Hospital Eating Disorders Program

6603–6605 LaSalle, 514-761-6131 x2895
douglas.qc.ca/section/eating-disorders-146
A range of in- and out-patient services for adults over 18 suffering from anorexia, bulimia or other eating disorders. Must have a doctor's referral.

Gamblers Anonymous

514-484-6666, gamontreal.ca, info@gamontreal.ca
Meetings, resources, and listening service hotline for people with a gambling problem. Some in-person meetings have resumed at this point. Be sure to check their website for locations and times.

Gambling: Help and Referral

514-527-0140 or 1 800 461-0140, jeu-aidereference.qc.ca
Resource for gambling addicts, including the province-wide 24/7 hotline.

Narcotics Anonymous

1-855-544-6362, naquebec.org
Group therapy and support for people in recovery from drug addictions. Some in-person group meetings have returned, and they are offering virtual meetings on Zoom as well. Be sure to call or check the website for details.

Overeaters Anonymous

514-488-1812, oa.org
An international organization with a local meeting finder, and phone support, employing the 12-step AA model for people with eating disorders. In-person meetings have resumed. Check out their site for info.

Le Portage

1640 St-Antoine W., 514-939-7700, portage.ca
Addiction treatment for adults, youths and pregnant women, offering daycare, rehab centres, reintegration services, and home care. Le Portage continues to offer all its services to the community but be sure to call ahead to familiarize yourself with their specific COVID-19 protocols.

Sex Addicts Anonymous Montreal

514-418-5920, saamontreal.org
12-step recovery program based on the AA model, with

meetings three times a week. Meetings are currently being held over Zoom. For more info, call or email mon-trealsaa@gmail.com

Sex and Love Addicts Anonymous

514-983-0671, dasa-slaa-mtl.cbt.net, mtladaslaa@gmail.com
Local meetings and recovery resources following a 12-step program. Support and guidance toward developing healthy romantic and sexual relationships. All meetings have moved online for the time being due to COVID-19. Contact Sex and Love Addicts Anonymous for further details.

FOOD BANKS

Accueil Bonneau

427 de la Commune E., accueilbonneau.com
Food bank with used clothes for social assistance card-holders. Presently, due to COVID-19, many of Accueil Bonneau's services are temporarily suspended. The food bank continues to offer boxed lunches daily from 9 a.m.—12 p.m. outside the building's entrance. Be sure to inquire directly for more information on the return of other services.

NDG Food Depot

6450 Somerled, depotndg.org
Emergency food baskets, cooking classes, collective gardening, a "good food" market and more food-security services for those living in the NDG area. Certain services and activities remain suspended due to COVID-19 but the majority of essential services continue. Be sure to contact the food bank directly for more information.

Ressource Action-Alimentation de Parc-Extension

419 St-Roch #SS13, ressourcealimentation.org
Food aid, clothing, and social support to residents of Parc Ex. Check out their website for a list of services and or to make an appointment.

Sun Youth

6700 Parc #100, sunyouthorg.com
Food and clothing banks, as well as many social services and numerous youth outreach programs, based in the Plateau.

The Yellow Door

3625 Aylmer, yellowdoor.org
Provides numerous services to the McGill Ghetto community, including a food bank for students in a pinch, wellness groups, access to a collective kitchen and meal delivery services for the elderly. The physical offices of the Yellow Door are currently closed, but staff continue to work from home to run altered versions of their programs. Check out their website or give them a call for more details on the services currently available.

MEAL PROGRAMS

Midnight Kitchen (McGill)

3460 McTavish, 137 St-Ferdinand, midnightkitchen.org, midnightkitchencollective@gmail.com
Midnight Kitchen is McGill's not-for-profit volunteer and worker run collective that runs workshops, a food bank and provides on-campus PWYC vegan lunches twice a week. Stay tuned to their website and various socials for updates and news on their services going forward.

People's Potato (Concordia)

1455 de Maisonneuve, #H-733, peoplespotato.com, peoplespotato@gmail.com
Concordia's Vegan soup kitchen, known for serving wholesome daily PWYC lunches during the school year, is not surprisingly on hiatus due to COVID-19. Keep an eye on their website and socials, though, as they're committed to getting lunch services back online as soon as possible during the fall term.

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film

On Screen

BY ALEX ROSE

You know life is at the very least trying to get back to normal when September shows a relative dearth of interesting titles due to a high density of film festivals.

As always, these festivals serve to some extent as launchpads for movies that play the festivals for maximum buzz just a few weeks before their theatrical release. It's certainly the case for *Dear Evan Hansen* (Sept. 24), Stephen Chbosky's adaptation of the hit Broadway musical, which also serves as the opening film of the Toronto International Film Festival. Ben Platt is back in the role of Evan Hansen, a nerdy kid who writes letters he never sends to the most popular boy in class and finds himself having to act as his friend when he commits suicide. Amy Adams, Kaitlyn Dever and Nicole Kidman co-star. It's the second adaptation of a hit musical to see release this month; one week earlier, *Everybody's Talking About Jamie* hits Amazon Prime. The debut feature by British choreographer and stage director Jonathan Butterell, it tells the story of a 16-year-old aspiring drag queen (Max Harwood).

Other festival premieres with theatrical releases this month include Sébastien Pilote's *Maria Chapdelaine* (Sept. 24), an adaptation of the iconic Québécois novel set in 1910s Lac Saint-Jean. Sara Montpetit stars in the titular role alongside Robert Naylor, Antoine Olivier Pilon and Émile Schneider. In other local news, Lina Rosseler's Montreal-shot *Best Sellers* is out on Sept. 17; Aubrey Plaza stars as a handler for a cranky old author (Michael Caine) who goes out on a book tour. Hitting Netflix soon after its TIFF premiere is Antoine Fuqua's COVID-shot *The Guilty* (Oct. 1), a remake of the one-location 2018 Danish film of the same name in which Jake Gyllenhaal plays a 911 operator who attempts to solve a case entirely over the phone; Ethan Hawke, Riley Keough and Paul Dano are on hand as some of the callers.

Andrew Garfield and Jessica Chastain star in Michael



Everybody's Talking About Jamie

Showalter's *The Eyes of Tammy Faye* (Sept 17), a look at the life of televangelist Jim Bakker and his wife Tammy Faye. The film is having its world premiere at TIFF alongside Theodore Melfi's *The Starling*, a dramedy starring Melissa McCarthy and Chris O'Dowd as a couple with marital problems that become exacerbated when a starling decides to nest in their backyard. The film is slated for release on Netflix on Sept. 24. Sydney Sweeney and Justice Smith star in the thriller *The Voyeurs*, out on Amazon Prime on Sept. 10; Prime is also the exclusive destination for the latest incarnation of *Cinderella* (Sept. 3), starring Camilla Cabello, Idina Menzel and Billy Porter.

Of course, there's a Marvel movie out this month. *Shang-Chi and the Legend of the Ten Rings* stars Simu Liu (*Kim's Convenience*) as the latest hero in the MCU, a trained martial arts assassin out to get even with his estranged father (Tony Leung).

Also out on Sept. 17 is *Copshop*, an action thriller from Joe Carnahan (*Boss Level*, *Narc*) that sees a cop (Alexis Louder), a con artist (Frank Grillo) and a hit man (Gerard Butler) cooped up together in a remote small-town police station. Oscar Isaac

stars in Paul Schrader's gambling thriller *The Card Counter* (Sept. 10) alongside Tiffany Haddish and Willem Dafoe.

Skipping festivals entirely is the latest opus from nonagenarian auteur Clint Eastwood. *Cry Macho*, which is slated for a simultaneous theatrical and HBO Max / Crave release, stars the legendary actor/director as an ageing rodeo star tasked with reuniting a kid and his father. Also slated for release on Crave starting Oct. 1 is *The Many Saints of Newark*, the highly anticipated prequel to *The Sopranos* starring Michael Gandolfini, Alessandro Nivola and Vera Farmiga.

Michael Keaton, Stanley Tucci and Amy Ryan star in Netflix's *Worth* (Sept. 3), a drama from Sara Colangelo (*The Kindergarten Teacher*) about lawyers determining the value of a lost life when arguing for the 9/11 victims fund. Annabelle Wallis and Maddie Hasson star in horror stalwart James Wan's *Malignant* (Sept 10 on Crave), about a young girl whose grisly waking nightmares become reality. Mary Elizabeth Winstead stars in *Kate*, an action movie about a poisoned hitwoman who goes on a manhunt through the streets of Tokyo; Woody Harrelson and Tadanobu Asano co-star.

The Goethe-Institut congratulates Cult MTL on their 100th edition!

INTO THE WILD: MUSIC FESTIVALS IN GERMANY

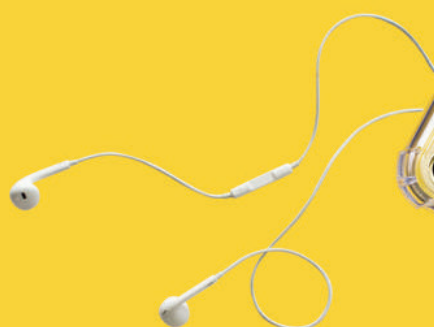
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culture

Third time's a charm



Rony F. Campbell, Syana O. Barbara, Elle Barbara, Chris M. Barbara, Kim N. Sankofa

BY SAVANNAH STEWART

Montreal-based queer icon Elle Barbara is bringing back the sound and dance performance *Ayibobo* for a third installment in collaboration with Danse-Cité.

Ayibobo III: Little Dollhouse on the Prairie is the most ambitious iteration of the show, which was part of the Lux Magna festival in 2019 and 2020 and blends dance and performance art with experimental soundscapes. The result is a work exploring Black and queer intersectionality through Haitian Voodoo spirituality and making use of modern pop culture references. The new iteration of the show, which premieres on Sept. 11 at la Chapelle, features two performers from the House of Barbara, a collection of Black queer/trans artists headed by Elle Barbara who compete in Montreal's vogue ballroom scene, as well as performers from two other houses.

Ayibobo is the result of “my position in the ballroom scene as a house mother who wants to push up and coming artists like my children into practices that extend beyond your run of the mill ball event,” says Barbara. “It’s always been my mission to push my children into territories that go beyond those confines.”

Performers Chris M. Barbara, Syana O. Barbara, Kim N. Sankofa and Rony F. Campbell will each embody a *loa* or spirit chosen from the many *loas* in Haitian spirituality, bringing them to life through their performance. In this way, the

show seeks to explore the importance of sexual and gender diversity in ancestral cultures that was lost over time.

“It’s an allegory of the fact that gender and sexual diversity has always had a place, has always existed in our ancestral cultures. By way of colonization and Christian indoctrination, pan-Africans — in this case Haitians, although not all the performers are of Haitian descent — have forgotten the collective spirit of where they come from,” says Barbara.

The performers selected the *loa* that speaks to them, then worked with Barbara to interpret that *loa* through dance. Barbara says that the myth of the mermaid is also used in one of the performances as a metaphor for the experience of being trans.

“Each of the individual, you might want to call them chapters, is framed with contemporary commentary,” Barbara explains. Between the performances, Barbara uses sound clips from sources like *America’s Next Top Model*, Oprah Winfrey or product advertisements to make space for commentary on Black and queer intersectionality in the modern world.

“It’s easy to feel lost fighting for your rights in as far as society is compartmentalized. And because of that, you’ll go into a Black space and to realize that you’re left out by way of your sexual or gender difference and then you’d go into the gay community and realize that it’s not all encompassing.”

Barbara says that this intersectionality between those two experiences, being Black as well as being queer/trans, is at

the heart of what *Ayibobo* represents.

“My desire with *Ayibobo* is to create an artistic conversation that centres the Black queer experience,” says Barbara. “It’s sort of like always trying to carve out a platform, create platforms that centre us, because they hardly exist in Montreal in my experience.”

With Danse-Cité, *Ayibobo* can expand into a bigger project than Lux Magna’s indie DIY spirit called for. Barbara had long since been in touch with the artistic director of Danse-Cité about doing a collaboration, and when Lux Magna didn’t return for a 2021 iteration in the midst of the pandemic, Barbara said it was time for *Ayibobo* to grow.

“We didn’t make do with our limited resources this time. I tend to err on the side of having million-dollar ideas,” says Barbara. “I consider myself a maximalist. More money, more ideas.”

Those who come to see *Ayibobo III: Little Dollhouse on the Prairie* are in for an eclectic, experimental show that blends all sorts of media, histories and genres. “People have been asking me what it is. On the one hand I’m reluctant to call it performance art. On the other hand, one might want to call it experimental theatre with elements of dance as well,” says Barbara.

“It’s a personal piece. It comes from me, it comes from the heart.”

→ *Ayibobo III: Little Dollhouse on the Prairie* is at la Chapelle (3700 St-Dominique) from Sept. 11–18, 7 p.m. nightly, \$20–\$30

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